

White City & Emerald Park

Community Newsletter

MARCH EDITION, 2021



The Aspen Links Clubhouse, Rec Room and Event Centre is coming soon

I am pretty excited to write this article for our community newsletter. Its not really the article I am excited about (I've written quite a few in my lifetime) it's the topic that has me swooning with anticipation.

The Aspen Links clubhouse is being built and it is coming soon.

To be completely accurate

the Aspen Links Clubhouse, Rec Room and Event Centre is coming soon.

A devastating fire in the fall of 2011 took away Emerald Park and White City's cherished clubhouse – site of the famous Sunday brunch - and it has been a long haul since then.

Enter Mark and Wendy Smith and their partners

Kelly Mcleod, (Ballers Rec Room) and Jeff Stephen (The Tap Brew House and liquor store). Known for his passion for many different ventures, you might know Mark best for something completely different as lead singer for the very successful country band The Poverty Plainsmen. Mark and the crew played night-clubs and venues all over

the place for many years, but their home bar was the ever-so-successful Pump nightclub that was sold in 2018. Mark and partners owned The Pump, until it sold, and still owns three other incredibly successful food and drink establishments.

- Continued on page 2

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Group of Companies

The Aspen Links Clubhouse, Rec Room and Event Centre is coming soon

- Continued from page 1
 Those include The Tap in Regina's north end, The Waterfront Beach Bar at Regina Beach and Ballers on Dewdney.
 Smith Built (Mark's construction company) has been tossing around ideas with current Aspen Links owner Greg Jahnke and his son Marcel Gaddie Jahnke (General Manager) for years. They have talked about how maybe they would buy in – maybe they could sprinkle some of the Mark Smith magic on our beloved clubhouse site and make it come alive again. (I am certain Mark won't like that last sentence as he strikes me as a very humble guy who won't like me referring to what he does as magic).
 The history between Mark and Aspen Links goes back to a well-known golf tournament called "The Big Kahuna," that has been held for ten years at Aspen. Known as one of the best charity tournaments of the season, the Kahuna has raised money for many great initiatives and charities including spinal cord injury research and JDRF (Juvenile Diabetes

Research Foundation).
 After tossing around the idea of partnering up with Greg, Mark made it official in 2019.

So, let's talk about what else will be involved in this monumental rebuild.
 The 110-seat-restaurant will feature a huge patio on the walkout level and an upper deck. (I see myself there watching the sunset with a Sauvignon Blanc in hand...)

the things you would expect on a clubhouse menu plus a few extras all under the oversight of Red Seal Executive Chef Kris Storry. Kris has an impressive resume and is looking forward to creating a fabulous menu for all to enjoy. In the evening, you'll be able to enjoy a really good steak, a great chicken entrée, and everything in between. Expect a minimum of 28 beer varieties and an extensive wine list as well. Breakfast and lunch will be served daily and year-round. Sunday brunch will likely become a regular part of your weekly schedule as they seek to make it famous again.
 The building will also house a rec room featuring four high end virtual golf screens, video games, three pool tables, basketball games, Mario Cart and air hockey. And yes, you can host your child's birthday there (halle-



Research Foundation).
 After tossing around the idea of partnering up with Greg, Mark made it official in 2019.

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lujah for moms and dads!)
 Wedding receptions and parties will be booked throughout the year on the walkout level with exclusive access to the patio below and of course the beautiful sunset view that we all love out here.

"I don't think there's an event we can't host," said Mark. When you see the plans for this building come to fruition, you will surely agree. It is absolutely everything we could ever want in a clubhouse and community facility.

Families can also cheer for the 70-spot-daycare that will be on site including full-time spots for working parents to place their children and babysitting service for when you simply want to play a round and don't want to ask grandpa and grandma to mind the kids. (How awesome is that?)

Kirsten Gaddie Jahnke, who currently operates a daycare in Emerald Park, will head up

Aspen Village Daycare and yes, she is accepting names for the waiting list now. Call the golf course at 306-791-7467.

Parents will also cheer for job opportunities for their teenaged kids looking for work not too far from home.

Marcel has hired, worked with, and watched many young people from White City, Emerald Park and area grow up and become adults. A golf course job is pretty sweet when you're 16 and need some pocket money.

Speaking of employment, Mark and Marcel were also very happy to share the news that the golf course has hired Gord Moore to oversee operations. Gord comes to Aspen Links from his role as superintendent of all the City of Regina golf courses. Gord's an expert on how to keep the grass lush and green. While it will take some time to completely remediate the fairways and the greens, it

will happen, and rest assured the irrigation troubles are now a thing of the past.

Ladies can also start thinking about signing up for ladies night on Thursdays as spots will fill up fast. Watch for information coming on how to get your name on the list soon. Rider alumni will hold their golf tournament this summer and Emerald Park resident and golf enthusiast, Nichole Martyniuk, hopes to coordinate the community tournament again this year that was meant to be held annually after year one in 2019. That

tournament didn't happen last summer because 2020 was well, you know.

When I ask about timelines, they tell me to expect the pro-shop to be open by May long and the restaurant opening will follow. Events will be booked, games will be played, meals will be eaten, golf lessons will be taught, and there is no question that our entire community will embrace this beautiful brand-new facility that we have all been waiting for.

Its just so exciting.
 - Trish Bezborotko





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Savour the Middle East with chicken shish taouk

Travel may be put on hold for the time being, but that doesn't mean that you and your kids can't experience the world through food. Sampling global fare, whether on a trip or at your very own dinner table, teaches children about other cultures and traditions.

Fortunately, you won't need a passport to take a trip to the Middle East with this chicken shish taouk recipe, served on a flat bread with garlic and lemon mayo. This classic Lebanese recipe serves up an exciting array of flavours, colours and textures, so have fun and get creative with your toppings, and encourage your little ones to lend a helping hand in the kitchen.

Chicken Shish Taouk

Prep time: 15 to 20 minutes

Cook time: 15 minutes

Serves: 4

Ingredients:

- 1 1/3 lb (600 g) chicken breast, diced
- 1 jar (156 mL) Al'Faz Shish Taouk Marinade
- 5 tbsp (87.5 g) Greek yogurt
- 8 skewers
- 4 flat breads
- Mixed salad, for the base
- Black olives, for garnish
- Garlic and lemon mayonnaise, to drizzle
- Salt, to taste
- Pickled chilies, for garnish



Directions:

1. In a mixing bowl, add diced chicken breast, marinade, yogurt and salt to taste. Mix well and keep in fridge for at least 20 minutes.
2. Soak wooden skewers in water to avoid burning while cooking.
3. Thread marinated chicken breast equally on all the skewers.
4. Cook chicken shish in a preheated oven at 190°C for 15 minutes or until the chicken is cooked. You can also cook chicken on a grill pan or on barbecue until the chicken is cooked.
5. On a flat bread, make a bed of mixed salad and place two chicken skewers on it. Garnish with some black olives, pickled chillies and a drizzle of garlic and lemon mayonnaise. Serve hot.

Explore more kid-friendly recipes inspired by cuisines from around the world at tasteadventure.ca.

www.newscanada.com



6 steps to make mealtime less exhausting

1. Preparation

Before you begin cooking, organize your workspace and make sure you have all the items and ingredients you will need close by.

2. One pot or pan

Making your meal in one pot or pan will reduce the number of dishes you have to wash. Those that can be placed in the dishwasher (if you have one) are an added bonus.

3. Pre-cut fruit and vegetables

Today, there are plenty of options when it comes to fresh and frozen pre-cut fruits and vegetables. Removing the steps of washing, peeling and chopping can help you save time and energy.

4. Helpful kitchen gadgets

There are many kitchen gadgets on the market that are specifically designed for people living with arthritis.

5. Batch cooking

Make many servings at a time, then store them in individual containers to help you save energy and eat healthy. By preparing meals only once, you'll prevent any unnecessary overexertion.

6. Try a new recipe

Make meal preparation something to look forward to by using it as an opportunity to try a new recipe or experience a new food.

Learn how to live well with arthritis and find healthy recipes at arthritis.ca.

www.newscanada.com

Making a healthy dinner every night can be tiring and tedious, and living with arthritis and other illnesses can make it much worse.

Here are six tips from the Arthritis Society to make mealtime easier.

Get the kids into the kitchen with shrimp spring rolls

Help your kids expand their palates and put their adventurous side into action by inviting them into the kitchen to get involved in meal decisions from the market to the dinner table.



Exploring new foods can encourage flexibility in children, so be sure to introduce your family to fun and exciting flavours early on.

Even the pickiest of eaters will love these fresh, crisp and delicious spring rolls that pack a serious nutritional punch. Loaded with colourful veggies and fragrant herbs, these spring rolls deliver as much flavour as they do nourishment.

Shrimp Spring Rolls

Prep time: 15 minutes

Cook time: 3 minutes

Serves: 4

Ingredients:

- 1/4 pack (62.5 g) Blue Dragon Rice Noodles
- 4 Blue Dragon Spring Roll Wrappers
- 4 Boston bibb lettuce leaves
- 1/4 cup (30.5 g) carrots, julienned
- 1/2 cup (59.5 g) cucumbers, julienned
- 12 mint leaves
- 12 cilantro leaves
- 12 pre-cooked shrimp, tails removed
- Blue Dragon Thai Sweet Chilli Sauce

Directions:

1. Cook rice noodles according to package directions; refresh under cold water and drain, set aside.
2. Using one at a time, place wrapper into hot water until it is soft and pliable (about 5 to 10 seconds). Remove wrapper from water and blot on a damp tea towel.
3. Arrange lettuce, noodles, carrot, cucumber and three mint leaves in the middle of the wrapper. Above that, place three cilantro leaves and three shrimp in a row.
4. Fold wrapper around lettuce and noodles, then continue rolling to cover shrimp. Fold in the sides of the wrapper and then continue to roll upwards to form a log shape. Repeat for three remaining spring rolls.
5. Serve with a side of Thai sweet chilli sauce.

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Has virtual healthcare made a difference during COVID-19?



Chances are, you've seen your family doctor, therapist or other healthcare professional since the start of the COVID-19 pandemic. Whether you've loved the convenience or felt that in-person touch was missing, we all want to know if this is what we can expect going forward.

Fortunately, recent research from the Canadian Medical

Association found many of us welcome the change.

"Most Canadians who had the opportunity to use virtual care have been very satisfied with the experience, and in fact nearly half of us actually prefer to meet with our doctors virtually," explains Ryan Weiss, vice president, group customer product and experience at Canada Life. "Now

that we know Canadians are open to this technology, the possibilities seem endless."

For example, the pandemic forced many healthcare providers to pivot to a virtual or hybrid service model. Now, Weiss says, so long as a customer's benefits plan covers the service, the insurer will accept claims for virtual sessions with dietitians, naturopaths, occupational therapists, optometrists, physiotherapists, psychologists, social workers and speech therapists. Just a few months earlier, this wasn't even on the radar.

This isn't to say that the industry wasn't already making its way towards virtual care. Two weeks before the global lockdown, Canada Life made virtual healthcare a standard benefit in its group benefits plans for business-

es with up to 400 covered employees, making it the first group insurance provider in Canada to do so.

As a result, throughout the pandemic, more than one million Canadians will have easier access to high-quality healthcare, with the ability to chat live with a registered nurse or see a physician via secure video consultation. People have used the service for various health and medical issues, such as to get a diagnosis, receive medical advice, and get a prescription or referral to a specialist.

It may not always be easy to see the opportunity in the crisis. Now that progress has been made, time will tell what changes we want to keep if ever we return to the old normal.

www.newscanada.com

KINDERGARTEN REGISTRATION: 2021-22 – Contact the school at ecolewhitecityschool@pvscd.ca or 306-781-2115 if you have a child turning 5 by December 31, 2021.

HOT LUNCH PROGRAM: Permission Click links are now available on the school's website – main page.

TRIVIA ANSWER: The number 8,549,176,320 is a unique number. What two things make it so? It contains every digit, it is arranged in alphabetical order.

SCC 2020-2021

NEXT MEETING MARCH 17, 2021

Virtual meetings held every third Wednesday of the month @ 6:30.

ALL PARENTS WELCOME

Please contact the school by email at ecolewhitecityschool@pvscd.ca to pre-register!

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"I have to change to stay the same."
~ Willem de Kooning

IMPORTANT DATES

March 8	Non-Student Day
March 11	Little Caesar's Pick Up
March 26	PTS Conference Day in Lieu No School

Online: whitecity.pvscd.ca -> click the "SCC" menu Phone: 306-781-2115 **ÉWCSCC on Facebook:** @EWCS

Help 'Fill the Fridge'

Helping Feed Our Community

Food insecurity and access to nutritional food is a challenge to many people and families in cities across Canada. During the week of January 24th Bella Chic lead a campaign called "Fill The Fridge" to encourage the Emerald Park White City community to donate items and funding to fill the Regina Community Fridge, which helps the Regina community with easy 24/7 access to free, fresh and nutritious food.

Together Emerald Park IGA and Bella Chic customers donated and delivered four truckloads of groceries. Michelle Strawford, the owner of Bella Chic, plans to repeat the "Fill The Fridge" campaign on a monthly basis. Michelle says it best, "It is our job as a community to help take care of each other."

Bella Chic not only wanted to help contribute to the Regina Community Fridge but also help increase awareness of that 1 in 7 Canadians live in a food-insecure household in Canada.

The motto of the Regina Community Fridge located on 3037 Dewdney Avenue is "Take what you need, leave what you can".

The Regina Community Fridge needs donations 24/7. With every food donation Bella Chic Emerald Park will offer 15% off on your purchase in-store. Donations are welcome, no purchase necessary. Watch for monthly campaigns.

About Bella Chic

Bella Chic believes that every woman deserves to feel great and have fun in their own personal style. Our passion is to bring affordable, quality, fashion-forward accessories and clothing for women and the girls in their world. Our goal is to continually make a difference in our community while celebrating local fashion and bringing style home. Bella Chic has proudly presented Saskatchewan's largest women's trade show What Women Want for the past 15 years and together we have helped raise over \$100,000 in support of local women's charities.

CONTACT:

Michelle Strawford
(306) 540-5268
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The White City Public Library Branch is located in the White City Community Centre, 12 Ramm Avenue East. Online at www.southeastlibrary.ca. Drop by or give us a call 781-2118.

Virtual Annual General Meeting: The White City Library's Annual General Meeting will be held virtually on Wednesday March 3rd at 7:45 PM. Copies of the Annual Report and Financial Statements will be available for review. Please register for the virtual link. Everyone is welcome!

LIBRARY HOURS:

Monday - Wednesday 12:30-4:30 & 5:00-8:00 pm
 Thursday - Friday 9:30 am-12:30 & 1:00-5:00 pm
 Saturday 9:30 am-12:30 & 1:00-3:00 pm

Visit us – [f White City Public Library Branch](https://www.facebook.com/WhiteCityPublicLibraryBranch) [WhiteCityLib](https://www.instagram.com/WhiteCityLib)

MARCH 2021 PROGRAM & EVENTS CALENDAR

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Virtual Children's Program	2	3 Virtual Library AGM 7:45 pm Register for link	4	5	6 Virtual Children's Program
7	8	9 Virtual LEGO Challenge	10	11	12	13 Virtual Children's Program
14	15 Virtual Children's Program	16	17 Virtual Adult/Teen Book Club 6:30 pm Please Register	18	19	20 Virtual Children's Program
21	22	23	24	25	26	27 Virtual Children's Program
28	29 Virtual Children's Program	30	31			



Off the Beaten Track

- By John Panter

They're at it again. The Government of Canada, that is. Heritage Minister Steven Guilbeault has been, on alternate days, either considering, or not considering, requiring the news media to be licensed. Prediction: his dithering will be resolved in favour of requiring licenses.

Of course, the license requirement will serve two

purposes. The government will decide which media outlets will be allowed to obtain a license in the first place. (No license? No reporting for you!), and there will always be the threat of a license suspension for anyone who indulges in wrong-think.

Mr. Guilbeault's intention to "reduce the spread of illegal content" is problematic, if not just outright nonsensical. He wants to make it illegal to say something illegal. (While he's at it why not make it illegal to rob banks? Oh wait, it already is.) Needless to say, the government will define what constitutes "illegal" content.

lisher of this journal. They may, or may not even be, my own opinions.

Okay, where do I start? Pole vaulters. If there is a stupider sport, I can't think what it is. Imagine devoting an athletic career to seeing if you can jump over a horizontal stick by using a long pole as a lever (and a super-bendy one at that.)

The Irish. Poor cousins to the Scotch. Work hard enough to be able to afford to move out of the country to somewhere nicer and warmer. Then they start up Irish Pubs where they spend all their spare time drinking

crappy Irish beer and singing about how they want to be back in dear old Erin.

Panamanians or Paraguayans. I don't know the difference between them. I doubt they do either.

Belgians. Don't get me started on the Belgians.

Plenty more where those came from. Is anyone offended yet? I prefer to be arrested during daylight hours, say between 7 a.m. and 5:30 p.m.

Call me if you disagree. 569-2345 or emeraldcity158@gmail.com

Criminalizing simple rudeness will only succeed in driving it underground where it will fester and metastasize into something worse.

As for "hate speech", it's already illegal. Broadening the definition of it to cover I-don't-like-your-opinions-speech, is what Mr. Guilbeault has in mind. Allowing people to say what might be unpleasant, but legal, lets us mock them, shun them, debate them, maybe change their minds. Criminalizing simple rudeness will only succeed in driving it underground where it will fester and metastasize into something worse.

A tried and true way to determine whether something really is illegal or hateful is to challenge the law in court. In the spirit of setting myself up as the sacrificial lamb, I offer the following outrageous opinions. Please note that they do not represent the opinions of the publisher of this journal.

They may, or may not even be, my own opinions.

It's easy to see the inherent contradiction here: we will have freedom of the press only if we can produce our up-to-date press freedom licenses. What's next? Will freedom of speech, of association, of religion, for which we have (theoretically) the protection of the Charter of Rights and Freedoms, now be protected only if we have the necessary "papers" and up-to-date licenses?

That's not all. Busy little beaver that Mr. Guilbeault is, he...well, I'll let him speak



The White City Garden Club invites applications for their Joyce Bruce Memorial Bursary.

This bursary supports students enrolled in a full or part-time program in the fields of Agriculture, Horticulture or Environmental Sciences.

Please go to the White City Garden Club website, whitecitygardenclub.weebly.com for further information and the application.

Please note that completed application forms must be received by April 30, 2021 to be considered. If you have any questions please email us at wgc2011@gmail.com.

Household savings skyrocket during pandemic - how yours can too

Many of us have read the news reports that some families are saving more than ever during COVID-19. But lockdown has also triggered its own set of financial pressures (hello, online shopping therapy) and it can be easy to lose track of spending when we're stressed. So how do the "savers" do it?

While everyone's situation is different and it's certainly easier to save when you've been able to keep your work hours, there are always some things you can do to stay on budget.

The key to getting through these financial challenges is to return to three money management basics. Ryan

Weiss, vice president, group customer product and experience at Canada Life, tells how:

1. Identify spending.

Take a hard look at your credit card and bank statements for the last six months. Do you see stress spending? Over-indulging? Too much take out? We each have our own triggers.

Weiss suggests downloading a money management app to help monitor in real-time. Canada Life offers a free, third-party money management platform companies can add to their employee benefits packages. It gives employees access to a no-fee spending account to auto-

deposit paycheques, a cash-back reloadable spending card and a money management app designed to simplify their personal finances.

2. Make a budget.

The next step is tougher. You have to budget for sensible spending targets and stick to them. Keep tabs every time you open your wallet. If your purchase will put you over budget, lock it down.

3. Create an emergency fund.

Weiss recognizes emergency expenses come up for all of us but cautions it's easy to get in trouble with high interest credit cash advances or payday loans, so it's best to plan ahead.

The insurer's money management app benefit enables users to track their spending and round up purchases to transfer extra amounts to either their Canada Life tax-free savings account or registered retirement savings plan, or to a sub-account (a painless way to help build an emergency fund). They can even borrow up to \$500 interest-free from themselves, with no additional charges, in the form of a three-day payday advance.

Life can't always wait for payday, so be sure your short-term solution doesn't create long-term problems down the road.

www.newscanada.com

ERES Community Council (ERESCC)



IMPORTANT DATES

- Mar. 9** ERESCC Meeting via Zoom
- Mar. 22** Report Card Distribution
- Mar. 23 & 24** Parent-Teacher-Student Conferences
- Mar. 26** Day Off in Lieu of Conferences—No School
- April 2** Good Friday (No School)
- April 5-9** Easter Break (No School)
- May 11** ERESCC AGM @ 6:30pm

2021—2022 Kindergarten Registration

Emerald Ridge Elementary School is accepting registrations for the 2021-2022 school year. Any child who will be five years of age by Dec. 31, 2021 is eligible to register for Kindergarten for the fall of 2021. Please email the school at emeraldridgeschool@pvsd.ca to obtain the link to the PVSD Student Registration Form. You will need to fill out the form and email it to the school office. If you wish, you can call the school office at (306)781-6025 to register your child. In addition, if you know of anyone moving into the community, please have them call the school to register their children as soon as possible. Early registrations assist ERES to plan for the upcoming school year.



Next ERESCC Meeting
Tuesday, March 9th
6:30 pm
via Zoom

All parents are encouraged to attend as your input and ideas are welcome and valued.

Home of the THUNDERBIRDS!



Link can be found on the school website or at:
www.emeraldridgeelementaryschool.entripyshops.com



Mirroring

- By Gwen Randall-Young

It has been said that each person in our lives is a mirror of some aspect of ourselves. Those whom we admire and respect reflect those qualities within us that we would like to develop further. Qualities which upset us or annoy us in others are aspects of ourselves which we do not like, or which we also share, but do not see.

Children are very profound mirrors. Often, we tell them to be one way, while we ourselves act in another way. They will reflect what they see, rather than what we say. A common example is when children are fighting or being mean to one another. The parents may yell, scream, put down the children, or employ other mean behaviors to make the point that the children should be nice. Parents may 'lose it' when they are upset, and then wonder why the children lose it (i.e. have tantrums etc.) when they are upset.

makes them know better, or be right. The teenager then reflects a similar block towards the parent's point of view, feeling that their youth gives them a direct connection to the pulse of the world, and how things should be now. Hence, a stalemate. But the teenager is simply directly reflecting the closed attitude that the parents are presenting.

It is important to clarify that the teenager is not doing this simply to be stubborn or confrontational. It is the only way they have been shown to deal with differences. The parents are doing what they think is right, and do not see that they are coming across to the teenager as stubborn and confrontational as well.

This mirroring also occurs in relationships with partners. Often when one person sees a partner as uncompassionate or inflexible, they are unaware of how uncompassionate and inflexible they are being as well! We relate on many different levels, and while we may present as being a "nice person", and wanting what is best for our partner, on a deeper level we may be missing what it is the other really needs. We may be unconsciously trying to turn them into someone who will fulfill the needs that

If we do not like what we are seeing in others as they relate to us, and if there is a possibility that they are reflecting some aspect of our treatment of them, there is something we can do. We simply change what we are doing, so that we begin to mirror the behaviors we want to see.

Kindness, understanding, gentleness, flexibility, unconditional love and acceptance, patience, being a good listener, trusting, appreciating, and

seeing the best in the other are good things to start with. If we bring these qualities consistently into our dealings with others, amazing transformations are possible.

Gwen Randall-Young is an author and award-winning psychologist. For permission to reprint this article, or to obtain books, CDs or MP3s, visit www.gwen.ca. Follow Gwen on Facebook for daily inspiration.



Qualities which upset us or annoy us in others are aspects of ourselves which we do not like, or which we also share, but do not see.

Parents may be very closed to their teenager's point of view, insisting that their broader experience

we feel, rather than supporting them in being who they need to be.



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COVID-19 vaccination: What we can learn from the great polio vaccine heist of 1959



We find ourselves at a precarious time in global health. Many people are anxiously awaiting their turn to receive a vaccine for COVID-19, yet roll-out is slow and disorganized, with many countries facing supply shortages.

The conditions are ripe for opportunists to exploit the situation. Reports of unethical line-jumping by wealthy elites have started to surface, while others warn of the potential for a black-market trade in vaccines.

This isn't the first time people have waited anxiously for a vaccine. The looking-glass of history reveals the uneasiness of emotion that accompanies moments like these, as well as the dark consequences that can arise when evil-doers take advantage of them.

One case in particular stands out as an important lesson for today: when thousands of vaccine doses were stolen by armed men during a supply shortage in 1959.

The polio epidemic

It was the summer of 1959, when the last great epidemic of poliomyelitis swept across Canada. Québec saw the most cases that year, with

the newspapers reporting over a thousand cases and 88 deaths.

Although the health authorities in Montréal warned the public about the seriousness of the summer epidemic, they also begged the populace to remain calm. This was far from comforting for parents who feared for their children.

Polio infection could cause permanent paralysis and was deadly in five per cent of cases. Montréalers rushed to the vaccine clinics, sometimes waiting for hours in the rain.

Vaccine production in Canada was limited to only two laboratories, with the majority being provided by Connaught Labs at the University of Toronto. This put intense pressure on vaccine supplies and Québec, like the rest of North America, soon faced a vaccine shortage.

A planned robbery

By August, Montréal was waiting desperately for more vaccines. It was a great relief when a huge shipment of the cherry-red vials arrived from Connaught Labs at the end of the month. The supply was enough to cover the city,

and the surplus was planned for redistribution across the province.

Yet the redistribution never came to pass. One man by the name of Jean Paul Robinson, a temporary vaccine worker, had found the circumstances too enticing. Robinson had been tasked with running vials between the various clinics. He knew there was a shortage and that people were desperate. He also knew where the main supply of vaccine was stored: at the Microbiology Institute in the University of Montréal.

At 3 a.m. on Aug. 31, 1959, Robinson and two accomplices broke into the university armed with revolvers. They first locked the night guard in a cage with 500 lab monkeys. The thieves then broke the lock on the massive refrigerator, looted all the cases of the vaccine and stole the guard's car as the getaway vehicle. In the end, they made away with 75,000 vials, valued at \$50,000 (equivalent to almost \$500,000 today). Robinson rented an empty apartment building and stashed his prize.

The crime shocked the country. The next day, the

city announced it had completely run out of its vaccine supplies. Reporters seized on the situation, publishing reports of desperate mothers turned away from vaccine clinics in vain.

The provincial police were called in, and a special four-man team of investigators was assembled. They began by interviewing the hapless night guard. He couldn't identify the culprits — who had been wearing nylon leggings over their faces — but he did overhear them speak about transporting the vaccines. The conversation provided the only lead: it seemed that at least one of the men had been "familiar with medical terms."

The police soon brought in a medical student for questioning. By the next day, they had seized a supply of fresh vaccine from the shelves of a Pont-Viau drug store. The confiscated vials displayed the same serial number as the missing supply. Yet questioning both the medical student and the druggist led the police nowhere, and over the next few days, all leads ran dry.

- Continued on page 18

COUNCILLOR BLOG



Hello to my fellow White City residents and to those reading from the surrounding area. As the newly elected Mayor of White City, I am happy and enthusiastic to provide a new method of communication with residents and neighbours. Welcome to our Councillor Blog, where I and other members of council will be providing a monthly update on topics discussed during meetings and upcoming or recent decisions that impact our community.

The goal of this blog is to provide an open and transparent view on items considered by council and provide insight on how council is working to best represent your interests. The intent here is to provide a broader perspective on important issues and topics and provide a channel for residents to give feedback on what they want to hear more about in future communications.

In October 2020 I submitted my nomination papers for Mayor of our beautiful town. Following my decision to run, my wife Donna and I spent a lot of time and a lot of steps (in fact it was about 223,000 steps) canvassing White City and hearing

from members of our community. It was eye opening, and we truly learned about what is important to the people that live here.

There is a long list of topics Donna and I heard from residents, specifically:

- water and sewer rates;
- the need for change in council;
- a desire for a high school;
- pedestrian safety;
- annexation and the related financial implications for residents;
- bylaw concerns related to parking, zoning and noise;
- pathway lighting;
- concerns with developers;
- snowmobiles, ATVs and dirtbikes; and
- environmental concerns and what the town will be doing to play its part.

“We truly learned about what is important to the people that live here.”

When I was elected on November 9th, I was happy that I could share these concerns with my fellow councillors and the members of administration, and that we could work to find solutions where possible and provide open communication to our residents. Learning the ins and outs of the town has felt like a full-time job over the past few months and I had to stop and think - wait aren't I supposed to be retired?

For myself, and my fellow councillors, we have put in a lot of time learning about our roles, learning to be a team and learning about all the projects and activities going on in our town. From the crash course in municipal budgeting to the Town Centre Neighbourhood project, we've spent countless hours learning on the fly and making sure we have the right information to make the best decisions for you. As fellow residents of White City, just like you

we want to see the best for our community in terms of amenities, services, development, finances and to represent your interests.



As with any bustling town there are several things coming forward this spring: a) more information and an opportunity for the community to provide feedback on the Multi-Use Recreation Centre; b) work with the RM of Edenwold on the joint WCRM158 Wastewater Management Authority; and c) the 2021 assessment revaluations, revisiting and learning more about the recently completed utility rate review and providing an update on the town's application for boundary alteration (also known as annexation).

Next month residents will be receiving assessment notices as part of the 2021 assessment revaluation year. Our Councillor Blog in April will focus on assessments - how they are determined and how they impact your taxes.

In March council will be reviewing the 2020 Utility Rate Review and meet with SaskWater to discuss the town's water treatment process. Our Councillor Blog in May will focus on the town's water treatment system, the water utility and how our rates are determined.

If you have any questions, have a comment, want more information or want to suggest a topic for a future blog please email townoffice@whitecity.ca or call 306-781-2355 - we look forward to hearing from you!

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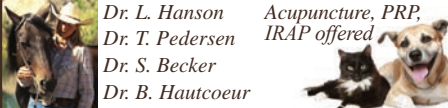
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Featuring Resident Alf McMillan

Alf moved into William Albert House on March 18, 2020, the day before the entire home was locked down. It was a huge adjustment for him, with no family allowed to come in and help him during his transition. The staff were fantastic in helping him to adjust and he thrives in his new home.

Alf was born in Winnipeg, Manitoba and attended elementary school in Kenora, Ontario before completing his schooling in Virden, Manitoba. He grew up with an older brother and sister, two younger sisters and a baby brother. Alf is the only remaining family member. He fondly recalls countless seemingly carefree memories of growing up in a small town during the 1930's. He is a captivating storyteller who makes you feel you are right there witnessing the event yourself.

Alf met his future wife, Phyllis, when they were teenagers in the town of Oxbow, Saskatchewan. They courted for a short period before they both enlisted to serve in the Second World War. Alf joined the Regina Rifles and Phyllis joined the Navy. They kept in touch writing letters over the years, until the war finally ended. They were married November 2, 1945.

Alf began work with SaskTel after he returned from the second World War and had a varied career as a lineman, installer, foreman, and retiring as the Safety Manager after 37 years. He always tried

to make sure that he and his staff had an enjoyable time at work. Alf has a great sense of humor with a "work hard while having a lot of laughs" attitude. Today, we all enjoy that keen sense of humor on a daily basis. Often heard whistling or singing, Alf is truly a pleasure to be around!

Alf enjoyed his retirement going on long walks, reading and busying himself with the never-ending household repair list. He made numerous trips by car through the Prairie Provinces, enjoying the spectacular mountain views along the way.

Alf has three children, Lynne and Larry who reside in British Columbia and Noreen who lives in Regina.

Alf was always quick to lend a hand to anyone who needed it, from car repairs to re-sheeting roofs at his own expense, after a huge wind-storm. Dad was a handy man out of necessity and could usually resolve any problems he encountered for both himself and others.

While raising his family he was very active as a Scout Leader for the local Boy Scout Troop. He taught the boys knot-tying and survival skills that would enable them to persevere, if lost in the wilderness. He led both winter and fair-weather survival training, including overnight outdoor sleeping adventures in the snow.

Prior to Covid restrictions, Dad loved going for drives



around Regina and surrounding area enjoying the numerous sites and marveling at how much the city had changed since he built his first house on a street in the middle of what was once nowhere. We also took many drives to White City/ Emerald Park never imagining he would eventually live at WAH, a place he calls the best place he has ever stayed. He

loves it out here and is very appreciative of the excellent care he receives. Alf enjoys taking part in various activities provided here and has made some very good friends while doing so. Residents and staff alike, are better for knowing you, Alf.

You truly make us smile each and every day. We love you!

If you have any comments you'd like to pass along to this month's featured resident, you may forward them to: lowchar@sasktel.net

Interested in bringing in Lions International?

Greetings White City, Emerald Park & Surrounding Areas:

Lions International is the world's largest community service club with the intent of helping individuals, groups and communities in any way they can.

I, myself, belong to the Pilot Butte & District Lions Club and have approached the White City council with the idea of starting a new club in your area. They welcomed the idea and viewed it as a benefit to your community and surrounding area.

Here are a few ways to get started:

1. Join the Pilot Butte & District Club, or attend our virtual meeting to see what we do in our community.
2. Obtain 5 people, women and men, to start a branch club.



3. Obtain 20 people, women and men, to create a chartered club.

As a club, members are fully insured while working on any projects. Grants, up to 100% are available for many of these projects. Consider starting a club in your community with the incentive of reduced membership costs before June 30th.

"If there is a need, there is a Lion"

Get involved and get active with a club in your area. The rewards are gratifying with little work/time involved. If you have any questions about creating a Lions Club or getting involved, I will gladly answer any questions you have. I can be reached via email@acmatty@sasktel.net or by cell @ 306 536 3850 Alvin Matechuk
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COVID-19 vaccination: What we can learn from the great polio vaccine heist of 1959

- Continued from page 12

Worse yet, it seemed that the city was facing an upswing in infections, with another 36 patients admitted to hospital.

Risk and capture

Meanwhile, Robinson was trying to figure out what to do with his ill-gotten supply of vaccine. Keeping the product cold was a difficult task — if left unrefrigerated for too long, the vaccine would be useless. He filled the refrigerator (saving one shelf for beer), while the rest of the cases were simply left on the floor at room temperature. Although he had been lucky to sell 299 vials for a tidy sum of \$500 to the druggist at Pont-Viau, dispensing with the rest of the vaccine was too risky.

Taking a chance that the police were more interested in recovering the vials than catching the culprit, Robinson placed a call to the public police line. Posing as a concerned citizen, he declared that he had seen a large amount of suspicious cases labelled “Connaught Laboratories” being loaded out of a car on St. Hubert Street in the East End.

The police quickly discovered the missing cases of vaccine, but before they could be used, the vaccines would need to be tested thoroughly. This process could take up to two months, meaning the vials could not be used despite the epidemic. Fresh shipments of the vaccine were not planned to arrive for a few more weeks.

The public met the outcome of the investigation with outrage, with the *Montréal Star* going so far as to speculate that the police had made a



The widespread application of the polio vaccine in the 1950s and '60s helped bring polio under control in the early 1970s. Canada was certified 'polio free' in 1994. This image of polio patients was taken in September 1947 in Edmonton, Alta. (Canadian Public Health Association)

deal with the guilty parties in order to recover the vaccine. Truly, it declared, “in the history of justice in Canada, this case must be unprecedented.” The stolen vaccines were eventually cleared for general use in October.

For their part, the police were far from done investigating. They soon turned their attention to identifying the culprit. They discovered that the man who had provided the police tip was also

the man who had sold the Pont-Viau druggist his 299 vials. Evidence continued to mount against Robinson when the janitor of the apartment building identified him. After denying all charges, Robinson fled. He was discovered three weeks later hiding out in a small shed on an “isolated backroad farm.”

‘Beyond reasonable doubt’

Prosecuting Robinson turned out to be a much

harder task, and the case eventually fell apart. Although one of his accomplices had originally identified Jean Paul Robinson as the mastermind of the heist, when the trial came around two years later, the witness recanted his original statement (he would later be charged with perjury).

Robinson himself proved imperturbable during courtroom interrogations. He painted himself a public-spirited citizen who had simply tried to “retrieve” the stolen vaccines from the true criminal mastermind: a mysterious man by the name of Bob. Robinson claimed that Bob had set the whole thing up before he had disappeared and escaped justice. The judge eventually ruled that although Robinson’s story was “strange and a little far-fetched,” in the end, “the Crown had not proven a case beyond a reasonable doubt” and he was acquitted.

As millions of people worldwide anxiously await the distribution of the COVID-19 vaccines, this case warns of the possible consequences of disorganized and poorly planned vaccine programs. Those looking to profit from mistakes, shortages and desperation are out there, and it is important that policy makers keep this in mind as vaccination programs are rolled out.

Paula Larsson

Doctoral Student, Centre for the History of Science, Medicine, and Technology, University of Oxford

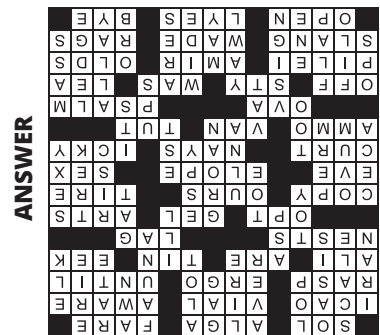
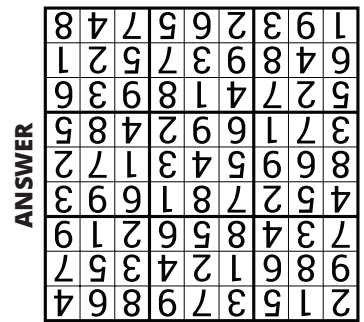
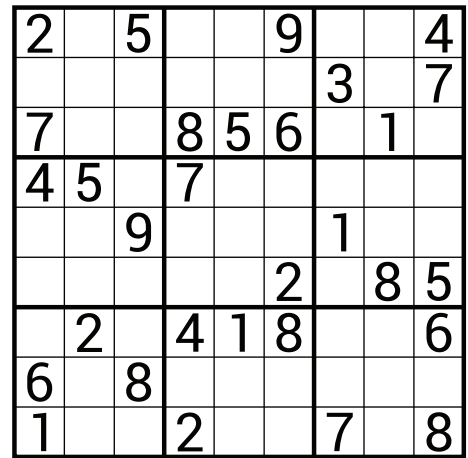
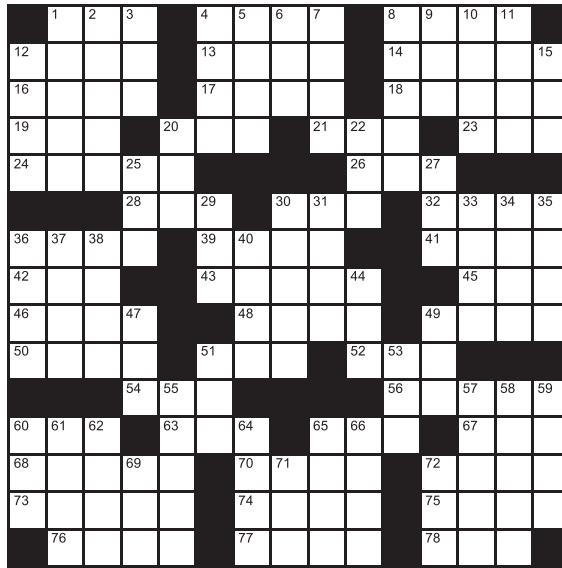
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Diversions

Across

- 1. Fa follower
- 4. Aquatic plant
- 8. Charge
- 12. International Civil Aviation Organization, for short
- 13. Container for nitroglycerin
- 14. Cognizant
- 16. Farrier's tool
- 17. "Cogito ___ sum"
- 18. Sammy Kaye's "___ Tomorrow"
- 19. "Mârrouf" baritone
- 20. "___ we having fun yet?"
- 21. Bolivian export
- 23. "A rat!"
- 24. Crows' homes
- 26. Delay
- 28. Select, with "for"
- 30. Come together
- 32. Song and dance, e.g.
- 36. Cheat, in a way
- 39. "One of ___" (Willa Cather novel)
- 41. Radial, e.g.
- 42. "The Three Faces of ___"
- 43. Run off to the chapel
- 45. Census datum
- 46. Abrupt
- 48. House votes
- 49. Gross
- 50. BBs, e.g.
- 51. Delivery vehicle
- 52. "For shame!"
- 54. Egg cells
- 56. Church song
- 60. Amiss
- 63. Dump
- 65. Is no longer
- 67. Grassy area
- 68. Mushroom topper
- 70. Gulf V.I.P.
- 72. Auto pioneer
- 73. Groovy, awesome, e.g.
- 74. Walk in water
- 75. Torn pieces of cloth
- 76. Airy
- 77. Cleaning cabinet supplies
- 78. "Ciao!"

- 11. Ashtabula's lake
- 12. Persia, now
- 15. ___ Grove Village, Ill.
- 20. Death on the Nile cause, perhaps
- 22. Calamity
- 25. Cracker Jack bonus
- 27. Gangster's gun
- 29. Foot digit
- 30. Complain
- 31. Catch a glimpse of
- 33. Reduced instruction set computer for short
- 34. Arduous journey
- 35. Alluring
- 36. Where the large intestines begin
- 37. Egg
- 38. Make waves
- 40. Arm part
- 44. "C' ___ la vie!"
- 47. "___ bad!"
- 49. "___ De-Lovely"
- 51. Big wine holder
- 53. Bull markets
- 55. Peace symbol
- 57. Put to rest, as fears
- 58. Pigeon's perch
- 59. Come together
- 60. Harvest goddess
- 61. Flaky Greek pastry
- 62. Ado
- 64. A ship's small boat
- 65. All-inclusive
- 66. "Iliad" warrior
- 69. Charlotte-to-Raleigh dir.
- 71. ___ Day
- 72. Sun, e.g.



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CROSSWORD

Food

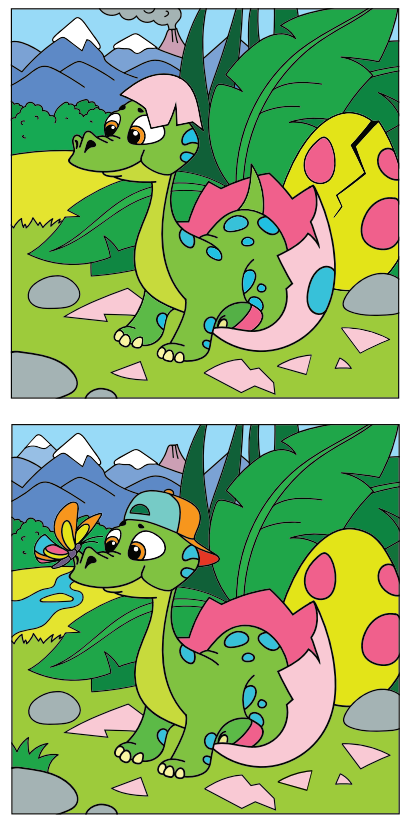
1. SAUSAGE 2. TOMATO
3. CHEESE 4. ICECREAM 5. CUPCAKE
1. STRAWBERRY 2. BREAD
3. PIZZA 4. MILK

1 + = 4 5
7 - = 2 +
= = + 8 =
4 + = 5 4 - = 0
= = +
2 + = =
3 + = 9 - = 8
+ =
= 9 - = 6
= 5

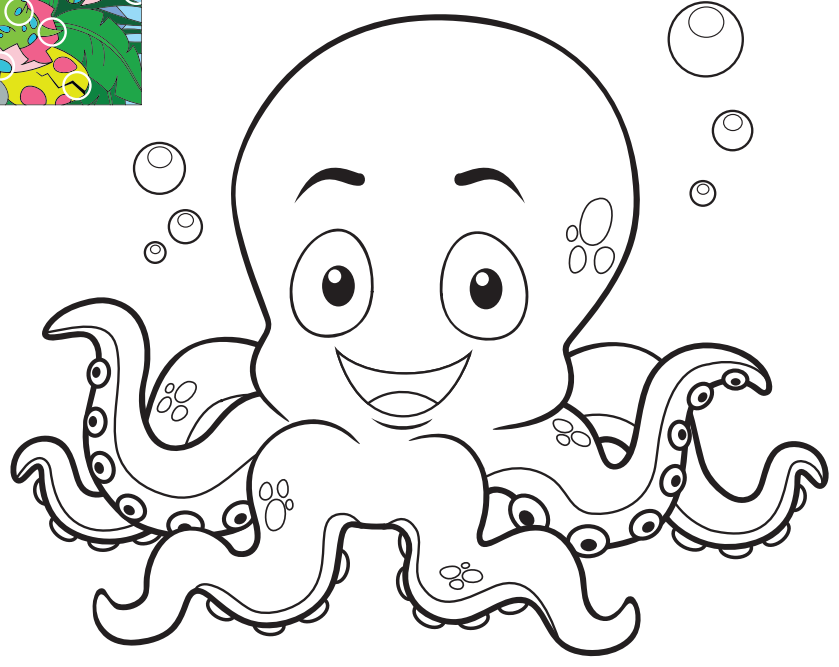
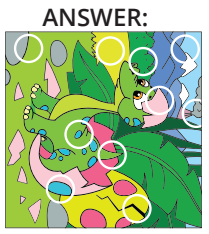
Math crossword

2 - = 2
+ +
5 - 1 = - 8
4 + = 9 = 3 + = 4
3 6 8 = +
= - 7 = 9 - = =
- 2 + 1
9 - = 3 = - = 0
- - - 4
= = =
5 + = 8

Math crossword



FIND 10 DIFFERENCES



How your taxes could be impacted by the COVID-19 pandemic

This year's tax season is unique and could also be very confusing, especially with several measures introduced by the government to assist those who had to stop working or have been laid off.

Though most benefits are taxable, many weren't taxed at the source (meaning the government didn't hold back an amount of money to go towards your taxes), so that money will be calculated and owed when you do taxes this year. To help you prepare your taxes, here are some insights from Lisa Gittens, senior tax expert from H&R Block:

CERB

For those who received the Canada Emergency

Response Benefit, the government will be issuing a tax reporting slip for 2020 outlining the total amount of funds received. This must be reported as income on 2020 returns, and since no tax was deducted at the source, dues may need to be paid on these amounts.

The amount owed will depend on your 2020 marginal tax rate, taking into account all other income earned that year. Your marginal tax rate is the amount of tax you would pay on an additional dollar of income and is based on the rates of tax applied to a given level of income, both federally and provincially.

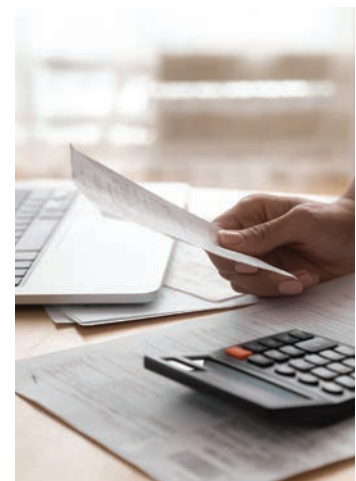
CRSB

If you are self-employed

without a paid sick leave program, you may be eligible for the Canada Recovery Sickness Benefit, which provides \$500 per week for up to two weeks if you were unable to work due to illness or were required to self-isolate. This benefit is available from September 27, 2020 to September 25, 2021. The deadline for applying for any one-week period is 60 days after the end of that period. Tax is withheld at the source for the benefit so any amount received through the CRSB is taxable.

CRCB


If you have had to miss work to care for a family member due to COVID-19, you may be eligible for the Canada Recovery Caregiving Benefit. This benefit is also available




from September 27, 2020 to September 25, 2021. As with the CERB and the CRSB, the CRCB is taxable and subject to a 10 per cent withholding tax.

If you are concerned about preparing your own return, an H&R Block tax expert can give you added confidence and peace of mind.


www.newscanada.com




Dr. Deryl Dangstorp



Dr. Kelsey Ross



Dr Kyla Tzupa



Dr. Brian Baker

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Emerald Park Dental Clinic

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Tuesday 8-7
Wednesday 8-7
Thursday 8-7
Friday 8-4


Dentists
Dr. Deryl Dangstorp
Dr. Kelsey Ross
Dr. Brian Baker
Dr Kyla Tzupa

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Emergencies
Welcome



Dangstorp
Dental

MARCH 2021

Did you know?

Streetlights are owned and operated by SaskPower. If you notice one is out or not working properly, it is easier than ever to report it by heading to saskpower.com or downloading the app where you can stay up to date on repairs!



White City

Council Meetings

March 8th, 2021

Corporate Services Committee - 3:30 pm
Regular Council Meeting - 7:00 pm

March 22nd, 2021

Development Services Committee - 3:30 pm
Regular Council Meeting - 7:00 pm

Winter Safety

Mother Nature can be unpredictable and harsh to say the least but always plan ahead and be prepared. Here are a few tips for cold weather safety.

1

Remember, your furnace is working over-time trying to keep up with the deep freeze and it's good practice to check for snow and ice build up around your vents.

2

If heading outdoors: check the temperature, dress warm and layer up.

3

If travelling, keep a winter survival kit in your car at all times.

Stay warm and stay safe.

*Snowmobile/ATV
access route map
available at
whitecity.ca!*

RM of Edenwold No. 158

March 2021



100 Hutchence Road
Emerald Park, SK
S4L 1G6
306-771-2522
rm158@sasktel.net
www.rmedenwold.ca

Green Fund - Now Accepting Applications

Businesses owners, don't forget to take advantage of the grant money available from the RM for landscaping projects. Each business is eligible to have up to 50% of project costs reimbursed to a maximum of \$2000. Funds are available on a first come, first serve basis so get your applications in today! We appreciate everyone's contributions towards making our communities green and welcoming.

The RM of Edenwold Welcomes Uber

We are excited to announce that Uber is now providing service throughout the RM of Edenwold! Spare yourself another morning scraping the ice off your windshield by booking a ride using the Uber app.

Keep an eye out for Your Assessment Notice

Assessment notices will be mailed out to all properties in April. This is a revaluation year, so take a close look at the assessment values of your house, property, or business. Assessments can be appealed for 60 days after notices are mailed.



Strategic Plan

The RM of Edenwold Council is developing a five-year Strategic Plan to guide the future vision of the region, and we want to hear from you.

The Strategic Plan will identify a vision, goals, and initiatives to guide priorities and decisions within the RM over the next five years, ultimately helping advance its priorities. This process will bring together residents, Council members, and municipal staff to develop a shared vision for the community.

The RM is launching a public engagement program in March which will include a dedicated project web-page, a virtual/hard copy survey, and virtual coffee chat sessions to gather input from the community. Public feedback will help inform the final plan.

Please visit the RM's website at rmedenwold.ca/administration/strategic-plan in the coming weeks to learn more and stay tuned for future promotions.

The next issue of the
Community Newsletter
will be distributed the
first week of December.












March 2021

All copy **MUST** be submitted
on or before **March 20th**.

We do offer a classified section
containing advertisements,
items for sale, employment
opportunities, etc. Everyone is
welcome to put meeting dates,
birthdays, anniversaries, etc.
on the calendar, free of charge.

Please email:
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Special thanks to the
advertisers for supporting the
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support our community.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	1	2	EMERALD PARK & WHITE CITY Garbage 	4	EMERALD PARK Composting 	6	
7	Corporate Services Meeting - 3:30 pm Regular Council Meeting - 7:00 pm	8	9	EMERALD PARK Garbage  WHITE CITY Recycling 	EMERALD PARK Recycling 	12	13
14	15	16	EMERALD PARK & WHITE CITY Garbage 	18	19	20	
21	Development Services Meeting - 3:30 pm Regular Council Meeting - 7:00 pm	22	23	EMERALD PARK Garbage  WHITE CITY Recycling 	EMERALD PARK Recycling 	26	27
28	29	30	EMERALD PARK & WHITE CITY Garbage 			CASA ROSA/JAMESON ESTATES Garbage pick up every Tuesday 	

WC/EP RECREATION INFORMATION/REGISTRATION CONTACTS:

Baseball: registrar@whitebutteminorball.ca Web: broncos.whitebutteminorball.ca
Softball: stormsoftballregistrar@gmail.com Web: storm.whitebutteminorball.ca
Communiskate: Paula at 306-540-7704 or comuniskateadmin@sasktel.net
Creative Beginnings Preschool: Keri 306-529-1200, ker@creativebeginningsps.ca
Dance: Laurie 306-775-3722 lkweighill@hotmail.com, www.whitecitydancingschool.com
Dance Plus EP: Amy 306-530-5108 or amyschienbein@gmail.com
Dog School: Debbie 306-781-3335 or shel_te@hotmail.com

Garden Club: wcg2011@gmail.com, 306-584-9173, www.whitecitygardenclub.weebly.com
Girl Guides: Jolene 306-570-9179 or Balgonie1st@gmail.com
Parks & Recreation: Shane Graefer 306-781-2355 ext.225 sgraef@whitecity.ca
Pickle Ball: Ambrose 306-536-9221 Playschool: Nicola 306-529-1292, nicola.mcnaughton2@gmail.com
Soccer: Kurtis 306-537-4324 or www.whitecityfutbol.com
Newsletter: Dale Schaeffer 306-525-8796 or dale@westernlitho.ca
Newsletter Advertising: Shannon Snider, shannon@westernlitho.ca

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