

# White City & Emerald Park

JUNE EDITION, 2025

## Community Newsletter



### 6th Annual White City / Emerald Park Community Golf Tournament Tees Off August 9th

Get ready for one of the most anticipated summer events in White City and Emerald Park—the 6th Annual Community Golf Tournament is back and set for Saturday, August 9th, with an 11:00 AM shotgun start at Aspen Links. Whether you're a seasoned golfer or just in it for the fun, this Las Vegas-themed scramble promises a day of laughter, competition, community spirit, and unforgettable prizes.

The tournament, which

began seven years ago as a grassroots effort to support the local golf course and bring the community together, has grown into a sold-out tradition. After taking one year off due to COVID, the event then returned stronger than ever, with each year bringing bigger prizes, bolder costumes, and more laughs.

This year's entry fee is \$500 per team, which includes:

- 18 holes of golf

- Power cart
- Cart snacks
- Banquet supper
- Access to incredible prizes
- Entry into the best costume competition
- And a chance to win a trip to Las Vegas

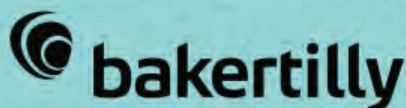
Participants are encouraged to get creative—each team picks their own costume theme, and there will be a prize awarded to the best-dressed team. The costume contest has become a highlight of the event and

showcases the fun-loving spirit of the community.

Over the years, the prize pool has continued to grow thanks to the incredible support from local businesses. Companies like Serbu Sand & Gravel Ltd., who donate a high-end BBQ, and Mazergroup, known for their premium yard equipment giveaways, help make the day truly special. Plus, a ton of local businesses who support and donate prizes. All of them will be listed.

- Continued on page 2

Accounting | Tax | Advisory



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- Senior Manager  
- Staff Accountant



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[bakertilly.ca](http://bakertilly.ca)



# 6th Annual White City / Emerald Park Community Golf Tournament Tees Off August 9th *Continued from page 1*

New this year, the tournament will also include a fundraising component for Lincoln's Life Mattered Foundation, a cause close to our hearts. It's one more way the event gives back to the community.

MLA Brad Crassweller will also be returning for his second year to observe the much-anticipated \$10,000 hole-in-one challenge.

With fun at the forefront and a purpose behind it, this event is more than just a round of golf—it's a celebration of community, creativity, and local support.

Spots fill up quickly, so gather your team, pick your costume theme, and register today. Whether you're gunning for the trophy or happy to be named "Most Honest Score," this is one event you don't want to miss.



## Event Details:

**When:** Saturday, August 9th

**Start Time:** 11:00 AM Shotgun (Las Vegas Scramble Format)

**Entry Fee:** \$500 per team (teams of 4)

**To Register:** Contact Nichole Posehn at 306-535-3868 or Rick at [rick@aspenlinks.ca](mailto:rick@aspenlinks.ca)

**E-Transfer:** Send registration fees to [info@aspenlinks.ca](mailto:info@aspenlinks.ca)



Dr. Kelsey Ross



Dr. Chantara Lerner

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# ERES Community Council News

**Next ERESCC mtg: June 10 via Zoom**

All parents are encouraged to attend as your input & ideas are welcomed and valued!

## Kindergarten Registration

Emerald Ridge Elementary is now accepting registrations for the 2025-2026 school year. Children turning five by December 31, 2025, are eligible for Kindergarten. Register online at [www.emeraldridge.pvsd.ca](http://www.emeraldridge.pvsd.ca) with proof of age, or request a form via email at [emeraldridgeschool@pvsd.ca](mailto:emeraldridgeschool@pvsd.ca). Please share with families new to the area. Early registration helps us plan for the year ahead.

## Thank you !

Your support helped fund birthday books, field trips, classroom supplies, playground supplies, school events and more!



## New Members!

The ERES SCC always welcomes new members! If you're interested in helping out your school, feel free to pop into one of our meetings or send us an email

[ERESCommunityCouncil@gmail.com](mailto:ERESCommunityCouncil@gmail.com)

## Important Dates:

- **June 6** – Year-End Picnic
- **June 10** – Grade 4-6 ERES Track Meet (June 12 alternate date)
- **June 13** – No School
- **June 25** – Grade 8 Farewell
- **June 27** – Last day of Classes
- **June 27** – 3:30pm Report Cards published on Edsby



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## DIY pizza sub bar: A quick and easy meal for busy weeknights



Make a fun and healthy dinner in no time, while the kids help put it all together. This simple idea brings together two favourite dishes – pizza and subs – for a personalized meal. Choose your favourite toppings and add as much or as little as you'd like. Here are two classics to get you started.

### DIY Pizza Sub Bar

Prep time: 20 min Cook time: 10 min Makes: 4 servings

#### Ingredients:

2 (12-inch) whole grain buns, cut in half

#### Canadian Classic

- White mushrooms, sliced
- Bacon, cooked
- Pre-cooked pepperoni slices
- Fresh mozzarella cheese, sliced or shredded
- Pizza or garlic alfredo sauce



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### Deluxe

- Green peppers, sliced into rings
- White mushrooms, sliced
- Crimini mushrooms, sliced
- Red/purple onions, sliced
- Mozzarella cheese, shredded
- Cheddar cheese, shredded
- Pre-cooked pepperoni slices
- Pizza or garlic alfredo sauce

### Directions:

1. Prep listed ingredients into desired shapes and sizes and place into individual bowls.
2. Open a couple jars of your favourite pizza sauces including pizza/marinara sauce and a creamy garlic alfredo sauce and place a spoon in each jar.
3. Pre-slice whole grain submarine buns.
4. Starting with your chosen sauce, assemble individual pizza buns with desired toppings then place onto a lined baking tray.
5. Bake at 300°F (150°F) for a few minutes or until buns have crisped and cheese melts.
6. Remove from oven and enjoy.

Find more quick and easy meal ideas at [mushrooms.ca](http://mushrooms.ca).

[www.newscanada.com](http://www.newscanada.com)



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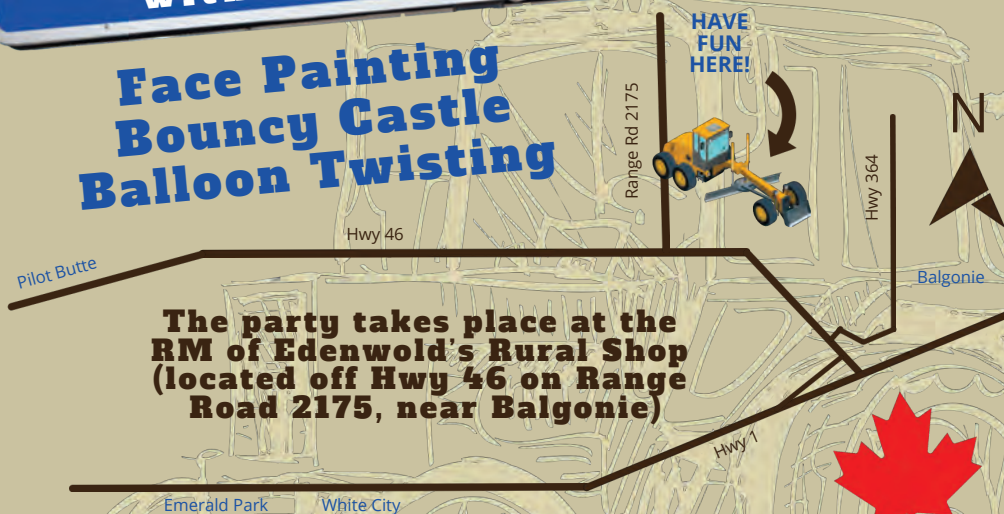
**21 JUNE 2025**

**10am  
to 2pm**

**RM 158** *Rock n' Field Day*

**FREE BBQ &  
LIVE MUSIC**  
with the Beachside Romeos

**Face Painting  
Bouncy Castle  
Balloon Twisting**



**The party takes place at the  
RM of Edenwold's Rural Shop  
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# How Fatigue Affects Us

- By Gwen Randall-Young

With television and computers, we can find entertainment twenty-four hours of the day. All this stimulation distracts us from our biological instincts.

Students have extracurricular activities and homework to keep them stimulated right up until bedtime. Many adults, and children I suppose, have television sets in the bedroom which are turned on until its time to turn out the lights. The mind is activated right up until sleep time.

This is quite different from the days when the time after supper was spent quietly reading or doing a craft, the family together slowing down, perhaps reflecting on the day. This time allowed the mind to slow down,

and the body to relax, all in preparation for a restful sleep.

What happens in the hours before bedtime does affect the quality of sleep. Neurologists say bright screens stimulate the part of the brain designed to keep us awake. Screen time prior to sleep can lead to a restless sleep. Scientists say that two or more hours of screen time in the evening can seriously disrupt the melatonin surge from the pineal gland secretes.

Even without screen time, a busy, stressed mind will not allow for the deep restoring sleep our bodies require. Fatigue can result from insufficient sleep, or from poor quality sleep. Fatigue then affects the

quality of our waking lives in ways which may create further stress, and so the cycle continues.

We would not go to school or work in an inebriated state, yet fatigue makes us just as dysfunctional. Wisdom, then, would dictate that we place greater importance on the amount and quality of sleep we are getting. A good night's sleep makes almost everything go better.

*Gwen Randall-Young is an author and award-winning psychologist. For permission to reprint this article, or to obtain books, audio recordings or to read other articles visit [www.gwen.ca](http://www.gwen.ca). Follow Gwen on Facebook for inspiration.*

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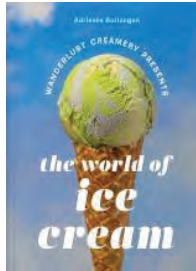
## Teen Ice Cream & Smoothie Making

White City Public Library  
Branch

Monday, June 9th  
6:30pm

In Honor of World Milk Day  
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Making and Eating  
Ice Cream Treats

Ages 12-18



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The White City Public Library Branch is located in the White City Community Centre, 12 Ramm Avenue East. Online at [www.southeastlibrary.ca](http://www.southeastlibrary.ca). Drop by or give us a call 781-2118.

### LIBRARY HOURS:

Monday - Wednesday 12:30-4:30 & 5:00-8:00 pm  
Thursday - Friday 9:30 am-12:30 & 1:00-5:00 pm  
Saturday 9:30 am-12:30 & 1:00-3:00 pm

Visit us – [f](#) White City Public Library Branch [t](#) WhiteCityLib  
**JUNE 2025 PROGRAM & EVENTS CALENDAR**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 10am-2pm Library on Location RM Firehall Health & Wellness Day	2	3	4 Adult Social Club 1:30pm Drop-in	5	6 Preschool Storytime 10:00am Drop-in	7 Library on Location at Family Fun Day 11am-2pm Branch is Open!
8	9 Teen Ice Cream & Smoothie Making 6:30pm Please Register	10 Family Marble Run 6:00pm Drop-in	11 Adult Social Club 1:30pm Drop-in	12	13 Stay & Play 10:00am Lego Club 1:30pm	14 Teen/Adult Embroidery 1:30pm Drop-in
15	16 Good Clean Fun Online Workshop Ages 4-12 6:30pm Please Register	17 Teen Embroidery 6:00pm Drop-in	18 Adult Social Club 1:30pm Drop-in	19 Adult Book Club 1:00am The Education of Augie Merasty by David Carpenter	20 Preschool Storytime 10:00am Drop-in	21 Marble Run 10am-2pm National Indigenous Peoples Day
22	23 Adult Book Club 6:30pm From the Ashes By Jesse Thistle	24 Family Marble Run 6:00pm Drop-in	25 Adult Social Club 1:30pm Drop-in	26	27 Preschool Storytime 10:00am Drop-in	28 Family Marble Run 10am-2pm Drop-in
29	30 Teen/Adult Embroidery 1:30pm Drop-in	To register for Programs, please Call 306-781-2118		TD Summer Reading Kits available at the Library! Activities start July 11 <sup>th</sup> .	Makerspace kits this Month: Marble Run and Embroidery kit	

### CHILDREN'S PROGRAMS

Preschool Storytime

Fridays @ 10:00 AM

June 6, 20, 27

A drop-in program for children 0-5 years and their caregiver. Join Gail for stories, rhymes and a simple craft. No registration required.

#### Makerspace kits this Month

**Marble Run:** Create the ultimate obstacle course! Build your track with different tunnels and slides and see how fast your marble can go. The combinations are endless!

**Embroidery kit:** We will go over basic stitches and provide you with the tools to get started.

**Good Clean Fun:** A 60-minute workshop for Ages 4-12. A hands-on STEM adventure with Scientists in School. Explore the chemistry behind bath bombs; and make your own to use at home. It'll be an explosion of chemical fun! This is an online event, participate from home or the library. **Registered participants will receive a Mini-science bag with supplies prior to the Workshop.**

### ADULT PROGRAMS

Adult Book Clubs

The Education of Augie Merasty by David Carpenter will be discussed on Thursday, June 19 at 10:00am.

From the Ashes by Jesse Thistle will be discussed on Monday, June 23 at 6:30pm.  
Ask for a copy at the front desk.  
New member Welcome!

#### Adult Social Club

Wednesdays 1:30-3:30pm  
Connect through an engaging afternoon of Games & Activities. New members Welcome! Drop-in.

#### Teen Program

**Ice Cream & Smoothie Making**  
Join us for a fun time of making and eating ice cream treats.

Ages 12-18 years. Registration is required.

For more information and updates visit our Facebook/Instagram page:

White City Library Branch, Southeast Regional Library

[WWW.SOUTHEASTLIBRARY.CA](http://WWW.SOUTHEASTLIBRARY.CA)

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Deadline for ad copy is the 20th of each month.

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## Good Clean Fun

Ages 4-12 | 60 minutes in length

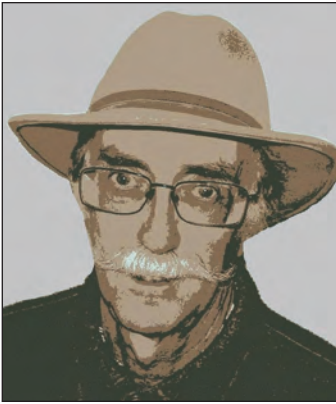
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explosion of chemical fun!



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# Off the Beaten Track

- By John Panter

Imagine a situation where your neighbour, who holds a grudge against you, goes to a Justice of the Peace (JP) and charges you with a number of crimes.

The JP informs you that you have been charged and calls in the police to investigate. The police give you a copy of the Criminal Code charges against you and give you a couple of days, right before Christmas Eve, to respond. They assure you that anything you say in your own defence will be part of their final report but, in the end, it isn't.

The police put their own spin on some of the evidence, leave out evidence which is clearly exculpatory, decide that you are guilty, and prepare a written report for the JP.

The police offered you one small concession: you could have named your own witnesses, but think about that for a moment: it would be difficult to find witnesses to something that you say didn't happen.

A secret court from which you are excluded is convened. The jury consists of some of the witnesses who have testified against you.

One of the two police investigators decides he has better things to do on the day of the trial so he asks the desk sergeant to fill in for him, to explain to the jury what the absent cop would have said had he

been there.

Some compelling evidence contradicts other witnesses' testimony. The jury, however, seems incapable of understanding how, for instance, an audio recording could contradict that other testimony or decides that they aren't interested in hearing it at all; until maybe after the trial is over.

The jury accepts the police officers' finding of guilt and invites you into the court room to hear the verdict and what your punishment is to be.

Note, too, that you had no right to legal counsel to represent you at the trial and no right to cross-examine witnesses.

Okay John, that stuff doesn't happen in a real Canadian court, so what's your point?

Well, swap out JP and swap in "Decision Maker, AI Trainer", substitute "investigator" for police, elected councillors for judge and jury, closed council meeting for secret court, and R.M. of Edenwold Code of Ethics for Criminal Code and there you have it: the Code of Ethics complaint process launched against councillor Nichole Posehn.

In future Off The Beaten Track columns I will be outlining the specific "complaints", (some of which are essentially hurt feelings, others which are truly bizarre, some simply not true), against councillor Posehn, the serious shortcomings in the process outlined in the Code of Ethics, the double standard at work in the R.M. when it comes to "complaints", and the horrendous financial cost to ratepayers of this process.

In the meantime, some random thoughts:

- The Code of Ethics provides for mediation. Why was it not offered, or insisted upon, in this case before a shocking amount of public money was spent?

- Why did councillors who provided witness testimony ignore their own lawyer's advice to declare a conflict at the start of the closed council meeting which found councillor Posehn guilty? You can't be judge, jury and witness in the same proceeding.

- I suspect that the council which passed the Code of Ethics by-law rubber-stamped it without reading it, or if they did read it they weren't able to comprehend what a dog's breakfast it was. It needs wholesale

revisions, or to be scrapped altogether, and I am predicting that it soon will be.

- I am not persuaded that just because this wasn't a charge under the Criminal Code, the flaws in the Code of Ethics don't matter. Even in traffic court we apply the usual legal protections that have been part of our system of laws since 1215 A.D. The R.M. of Edenwold has apparently declared Magna Carta inoperative.

- And finally, the savaging of the councillor's reputation, to say nothing of the savaging of the ratepayers' wallets, should never happen again, for reasons that I will be writing about soon.

**Call me if you disagree.  
569-2345 or emeraldcity158@gmail.com**



## Through the Seasons at our Home

Birds, Insects & Flowers

Dale Hjertaas



Dale and Paule Hjertaas have invested 35 years increasing biodiversity in their yard, while also having places for children to play and to grow food. Using Paule's outstanding photography, Dale will take you through the seasons and share:

- the changing beauty: spring flowers, migrant birds, autumn leaves, frost or snow;
- some of the hundreds of species we have identified in our yard;
- measures that worked for us to increase biodiversity in our yard; and
- why that is important to us.

Dale and Paule are retired ecologists and active naturalists. Paule is an enthusiastic photographer, winning many awards and whose photos can be found in Birds of Saskatchewan.

**Wed. June 11<sup>th</sup>, 2025, at 7:00 pm**

**Ramada Emerald Park**

**Everyone Welcome**

**Visitors drop-in fee \$5.00**

Info: <https://whitecitygardenclub.ca/events/>

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# GREENALL *Update* GRIFFINS



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Greenall High School

## May Update



### UPCOMING DATES:

- June 12 Arts Showcase/ Band Concert
- June 11 Extra-Curricular Awards
- May 31<sup>st</sup> GRIT Award Nominations Due



### All the Way to Provincials

Congratulations to the cast and crew of "How to Get Away with a Murder Mystery" who won 1 of 12 berths to Saskatchewan Drama Association's One Act Play Provincial Festival in Moose Jaw May 8-10. Students competed, took part in hands-on workshops, experienced a constructive feedback adjudication session and took in some of the finest high school theatre this province has to offer. Our students represented Greenall and PVSD well.



### Thank -You Landmark Dental

The staff and students at Greenall High School would like to thank Landmark Dental for their donation of oral hygiene products. Dental hygiene is an integral part of a student's overall health and having the opportunity to teach proper dental care techniques to our students reinforces positive habits that transfer from school to the home to the community. Thank you so much for supporting the personal care program at Greenall!



### Brady Leavold Presentation

On May 6<sup>th</sup> MHCBC and SLC welcomed Brady Leavold retired Pro Hockey Player and Mental Health Advocate to speak to our school about the importance of taking care of your mental health, being kind. Thank you Brady for sharing your story with us. Our school is grateful to hear from people like Brady to help end the stigma.



# 5 ways to spread kindness in your community

We hear it often—we're living in uncertain, unprecedented times. And while that is true, it also means that acts of kindness can have a more meaningful impact and foster hope in the people around you.

"Hope is looking forward to a better future for the next generation. But hope is now, too," Governor General Mary Simon says in her most recent letter to Canadians. "It is about what we do right here, right now. It is about a feeling of connection inside us that keeps us going."

Here are some ways to promote hope and kindness in your community:

**Create a care package for newcomers.** Join a volunteer organization that

helps newcomers adjust to life in Canada. Create a care package that includes a small plant, journal or list of free local mental health resources and peer groups for extra support.

**Organize a community cleanup.** Gather a group of neighbours or colleagues to clean up a local park, green space or body of water. This not only helps protect the environment, but also brings people together, promoting a sense of community and shared responsibility for nature.

**Host an inclusive community gathering.** Organize a potluck dinner where everyone is encouraged to share dishes from their cultural traditions. Set up games and activities that



foster kindness and celebrate diversity.

**Create a youth kindness project.** Partner with local schools or community centres and organizations to develop projects that support youth, such as mentorship programs or cross-cultural workshops on topics that speak to youth, such as creating safe online spaces.

**Host a hope garden event.** Organize a neigh-

bourhood garden day where everyone can come together to plant flowers, vegetables or trees and exchange gardening tips. Share seeds or plants with neighbours to encourage community bonding and environmental stewardship.

Read the full letter and learn more about the importance of hope at [gg.ca](http://gg.ca).

[www.newscanada.com](http://www.newscanada.com)

## How small acts of hope can make a big difference

In these uncertain times, small acts of hope can positively impact the lives of those around you. Whether it's helping a neighbour with a small task, volunteering with a local organization or thanking someone with a handwritten note, here are some ways small acts of hope can make a lasting difference:

**Boosting mental health.** A hopeful act can brighten the receiver's day and release feel-good hormones that lower stress and improve mood. But the giver also gets a mental health boost, as being kind to others can increase self-esteem and reduce feelings of isolation.

**Creating a ripple effect.** When was the last time you experienced a small act of hope or kindness? Chances are, it encouraged you to pay it forward and share the love with others. This is how one act can create a chain reaction of positivity. For example, buying a

coffee for the next person in line can set off a chain of free coffees that lifts everyone's spirits.

**Building a sense of community.** Research shows people who are more socially connected to others are happier, healthier and live longer. Small acts of hope can create this sense of social connection and community and help those who may be isolated or lonely feel like they matter and are part of a group.

"Now more than ever, we must build on our shared values as Canadians," Governor General Mary Simon shares in her recent letter to Canadians. "We must encourage meaningful dialogue within our society and cultivate a renewed sense of pride and hope as we write the next chapters of our national history together."

Read the full letter and learn more about the importance of hope at [gg.ca](http://gg.ca).

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Come and visit us at the

## Rock n' Field Day

Saturday, June 21st

11:00 a.m. to 1:30

Come and see some of the heritage artifacts from the museum's collection.

Learn more about life in the early days of the RM of Edenwold and win great prizes!



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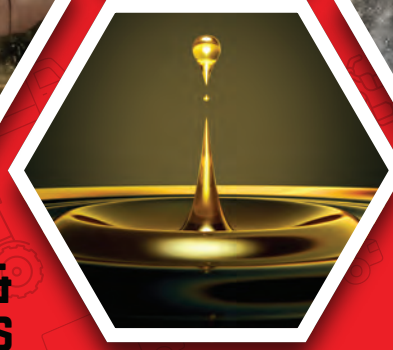
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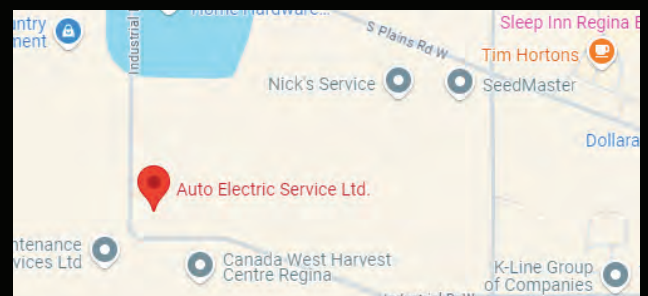


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# JUNE 2025















The next issue of the  
Community Newsletter  
will be distributed the  
first week of July.

All copy **MUST** be submitted  
on or before **June 20th**.

Everyone is welcome to put  
meeting dates, birthdays,  
anniversaries, etc.  
on the calendar, free of charge.

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	WHITE CITY Composting 	EMERALD PARK & WHITE CITY Garbage 	5	EMERALD PARK Composting  Preschool Storytime 10am	7
8	9	WHITE CITY Composting 	EMERALD PARK Garbage  WHITE CITY Recycling 	12	EMERALD PARK Composting 	14
15 FATHER'S DAY	16	WHITE CITY Composting 	EMERALD PARK & WHITE CITY Garbage 	19	EMERALD PARK Composting  Preschool Storytime 10am	21 NATIONAL INDIGENOUS PEOPLES DAY
22	23	WHITE CITY Composting 	EMERALD PARK Garbage  WHITE CITY Recycling 	26	EMERALD PARK Composting  Preschool Storytime 10am	28
29	30					



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Recycling pick up every Thursday

## WC/EP RECREATION INFORMATION/REGISTRATION CONTACTS:

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