

White City & Emerald Park

Community Newsletter

AUGUST EDITION, 2025



Why in-person dating is making a comeback – and why Gen Z is struggling with it

With plummeting subscriber numbers, rising costs and users who are sick of endless swiping, the dating app industry is in crisis. Recent layoffs at Bumble are raising questions about the future of dating apps and alternatives for people who want to find romance and connection offline instead.

One of the most popular alternatives is a return to in-person dating activities like speed dating, running clubs and daytime raves.

For millennials and older generations, in-person dating is familiar territory, but if you're part of Gen Z — often described as the "digital generation" — that isn't necessarily the case.

This inter-generational divide was on display recently at Canada's first sex tech conference, where I made a presentation on masculinity, dating apps

and in-person alternatives to swiping. During the Q&A, a young woman chimed in with a comment that stopped me in my tracks: "Check your extrovert privilege," she said.

After a few moments of awkward silence, the discussion resumed with a new focus on how difficult it is for younger folks to date in-person. Many of you are disillusioned with dating apps and lack the interpersonal experience some of us older generations take for granted.

So where does that leave you? Telling Gen Z to just "get out there" is not only culturally tone-deaf, but it could also contribute to rising levels of loneliness and feelings of not mattering that already affect many young people today.

In-person dating is trending

If dating apps are starting to feel more like a chore than a chance at connection, you're not alone. A New York Times article by reporter Catherine Pearson encourages Gen Z to create meaningful communities and be open to different kinds of relationships versus the pressure-laden focus to find "the one."

Some dating apps have joined the movement to support in-person dating. For example, Hinge hosts One More Hour, a social impact initiative to help people make in-person connections. It's aimed at Gen Z, many of whom report anxiety around face-to-face interactions.

The hyper-digitized environment many Gen Z are a part of can feel pretty disingenuous over time, which makes connecting with someone at a park, bar or library refreshing

and novel.

Meet-cutes in physical places can also take frustrating app-based practices like catfishing out of the equation. Interestingly, 38 per cent of Gen Z polled in a recent survey expressed a desire to have designated spaces for hookups and self-love at work.

How one organization is re-thinking dating

Although not specifically for Gen Z, another noteworthy force in the in-person dating landscape is the relationship-building organization called We Met IRL, founded in 2022 by entrepreneur Maxine Simone Williams.

Born out of frustration with dating apps and the lack of diversity in traditional dating spaces, We Met IRL hosts speed dating events, mixers and social

- Continued on page 2



Why in-person dating is making a comeback – and why Gen Z is struggling with it *Continued from page 1*

Gen Z adults met their partner through a dating app, social media or online community.

So, if a lot of these young people are already dating in-person, why is it often spoken about as being hard or stressful?

In-person dating is hard

Dating in-person can be challenging for a number of reasons. Key culprits include the fact that dating apps focus on performative and inauthentic forms of communication, the challenges of coming-of-age during the pandemic and the cultural shift away from relationships all together.

A study I conducted with Gen Z students also highlighted the reasons behind the decline of relationships. Gen Z want

meaningful partnerships, but fear getting cheated on, ghosted or emotionally hurt.

Socio-cultural factors like the retreat of men from intimacy and vulnerability also feed into the dismantling of traditional relationship structures and gender relations more broadly. These shifts have a cascading effect on younger generations and boys, in particular, are described as being “lost” and less emotionally resilient.

The rise of misogynistic influencers and politicians openly denigrating women as part of their radicalization of boys and young men is only making things worse.

And yes, some of the awkwardness around in-person dating might come down to what that

young woman called “extrovert privilege.” A recent study found that Gen Z are more shy than other generations but not for no reason. Growing up immersed in smartphone technology and social media means Gen Z have had fewer opportunities to develop interpersonal skills.

In-person dating can be hard, but not because there’s something wrong with you or because there are fewer good catches out there. It’s hard because connection, trust and vulnerability are difficult in a complex world that doesn’t always create the space you need to learn about relationships and interpersonal communication.

How to build confidence with

gatherings that encourage romantic or platonic connections offline.

The desire for in-person romance among Gen Z is beginning to shift the cultural needle, at least in the United States where a recent survey indicates that only 23 per cent of



Dr. Kelsey Ross



Dr. Chantara Lerner

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in-person dating

As a formerly painfully shy young person, I can say with confidence that the categories of introvert and extrovert are not written in stone. There is ample evidence to show that Gen Zers who are less confident in the realm of romance can learn to enhance their in-person skills and reduce anxiety around social events.

Here are seven tips from licensed counsellors for ways to build your in-person skills:

1. Prepare for the event ahead of time when possible.
2. Reframe how you view and feel about uncertainty — not as a threat, but as an opportunity for growth.
3. Stay grounded in who you are.
4. Practise social skills to gain confidence.
5. Pay attention to your

body language — to make sure you appear open and welcoming.

6. Remind yourself you're not the only one struggling with feeling confident.
7. Consider seeking the help of a therapist if fear or anxiety is overwhelming.

Reframing your vulnerability as being less about your ingrained tendencies and more an opportunity for you to reflect on who you are as a social being is one of the most powerful things you can do.

Tools like reflexive vision boards or self-reflection exercises can help you explore your values, goals and identity in meaningful ways. These reflective practices are even more effective when supported by schools, communities or organizations that can help young people turn moments of risk or fear into



opportunities for personal exploration.

Building resilience is like building muscle: it needs to be exercised and challenged to grow into the resource we need it to be. With the right support and space to practice, you can

build the kind of confidence and self-awareness that carries into every part of your life, not just dating.

Treena Orchard

Associate Professor, School of Health Studies, Western University

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Everyday pasta with a seasonal spin

Perfect for sun-soaked afternoons and laid-back summer evenings, this pasta brings an easy elegance to any table. The delicate, ruffled folds of campanelle pasta cradle the natural sweetness of the peas, allowing each bite to deliver wonderful texture and flavour.

This dish pairs well with cured prosciutto like Prosciutto di Parma PDO, prized for its authenticity and melt-in-your-mouth texture and sprinkled with Grana Padano PDO cheese to complete the dish. Made with simple, high-quality ingredients, this pasta celebrates the best of summer: fresh, bright and effortlessly delicious.

Campanelle Pasta with Prosciutto and Peas

Prep time: 20 min Cook time: 15 min Serves: 4

Ingredients:

- 12 oz (340 g) campanelle or trofie pasta
- 1 tsp (5 ml) salt
- 6 tbsp (90 ml) unsalted butter
- 2 tbsp (30 ml) finely chopped shallots
- $\frac{3}{4}$ cup (180 ml) frozen green peas



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3 ounces thick-cut Prosciutto di Parma,
diced into ¼-inch cubes
½ cup (125 ml) chicken broth
¼ cup (60 ml) good-quality truffle oil
¾ cup (180 ml) grated Grana Padano
½ cup (125 ml) chopped flat-leaf parsley
Salt and ground black pepper, to taste
4 thin slices prosciutto

Directions:

1. In a 1-quart pot, bring water and salt to a boil. Cook pasta until almost al dente, about 9 minutes.
2. Drain pasta well, reserving 1 cup (250 ml) of pasta water; transfer pasta to a large bowl.
3. In a large skillet over medium-low heat, melt 2 tbsp (30 ml) of the butter. Add shallots, sautéing and stirring frequently until translucent, about 3 minutes.
4. Add peas and diced prosciutto, stirring often, until it begins to brown, about 5 minutes.
5. Add cooked pasta, chicken broth, and ½ cup (125 ml) of reserved cooking liquid to the skillet. Cook until the pasta is al dente and the liquid has reduced to coat the pasta.
6. Add the truffle oil and remaining 4 tbsp (60 ml) of butter; cook and stir until the butter has melted.
7. Add more pasta water if the mixture seems dry.
8. Remove pasta from heat; stir in cheese and parsley; add salt and pepper to taste.
9. Divide the mixture among four pasta bowls; top each with a slice of prosciutto. Serve warm.

Shopping Tip

If you're looking for authentic European products, such as Prosciutto di Parma and Grana Padano cheese, look for the PDO label. PDO stands for "protected designation of origin," meaning that it's authentic and produced in the region of origin. Learn more about the PDO system and the products it covers at distinctlydeliciouslyeuropean.eu.

www.newscanada.com

Elevate your picnic: Tips for the perfect outdoor spread

There's no better way to savour the sun-drenched days of summer than with a laid-back picnic that's equal parts effortless and indulgent. It all comes down to packing a few simple things that deliver big on flavour. Think of fresh bread, fruits, prosciutto and a few wedges of cheese. Prosciutto di Parma PDO and Grana Padano PDO cheese make an especially delicious pairing, bringing together the right mix of sweet and savoury!

Honey, olives, and fizzy mineral water can elevate your snacking game in seconds. The key is to blend comfort with a little flair, creating a picnic that's not just a meal, but a moment. When the sun's out and the vibes are right, even the simplest bites feel like luxury.

Assemble the ingredients listed below, and feel free to freestyle—there's no wrong way to build your picnic board. Pack everything in containers or clear bags and add to a cooler or insulated bag. Throw in a cozy blanket, a small board for serving, napkins and chilled beverages. That's all you need for an easygoing and relaxing outdoor picnic.

European-style Picnic Basket

- Grana Padano and other cheeses • Deli meats, such as sliced prosciutto • Baguettes • Seasonal fruits, such as peaches, pears, nectarines and/or raspberries • Fresh basil leaves • Honey • Olives (green or black) • Nuts, such as almonds, walnuts, etc.

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Councillor's Corner

with Nichole Posehn

Building Community, One Connection at a Time



One of the most rewarding parts of serving as a councillor has been getting to know so many of you—not just as ratepayers, but as neighbours who care deeply about where we live. I've had countless conversations that remind me how invested our residents are in making our community stronger, safer, and more beautiful.

Last fall, I had the pleasure of connecting with Kerri McKay to discuss an idea that blossomed into something special: planting trees in Woods Crescent Park. A few weeks ago, we met at the park to enjoy the trees we helped bring to life, and it was a wonderful reminder of what we can accomplish when we work together.

Thank you to all the rate-

payers who have shared conversations, ideas, and collaboration with me as we continue working toward the betterment of the RM and Emerald Park.

Later this fall, Councillor Bezborotko and I are looking forward to co-hosting a town hall.



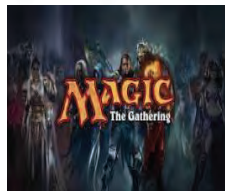
Nichole Posehn,
Division 3 Councillor

A large advertisement for Vista Springs. The top half shows a beautiful outdoor pool with a wooden deck, a lounge chair, and a view of a green landscape. The bottom left features a map of the area, showing Highway No. 1, Jaxon Road, and other landmarks. The bottom right has a QR code and the text "VISTA SPRINGS Expansive Executive Acreage Lots".

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We will be closed on August 4, 2025 for Saskatchewan Day

Visit us – [f](#) White City Public Library Branch [t](#) WhiteCityLib
AUGUST 2025 PROGRAM & EVENTS CALENDAR

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 	2 	3 	4 	5 Regional Park Passes Available Until Sept 15th	6 Summer Reading Club 10:00 am Drop-in Activities For ages 5-11	7 Froggie Dissection Lab kit Available 10am-2pm Drop-in
8 	9 Closed for Saskatchewan Day	10 Stitch & Chat 1:30pm Drop-in Bring a project Adult/Teen	11 Adult Social Club 1:30pm Drop-in	12 Outdoor Activity kit Giant Twister Scoop Ball Items to Borrow in August	13 Summer Reading Club 10:00am Drop-in Activities For ages 5-11	14 Froggie Dissection Lab kit Available 10am-2pm Drop-in
15 	16 Lego Club 1:30pm Drop-in	17 Learn to Sew, Mend or Upcycle 1:4pm Drop-in Adult/Teen	18 Adult Social Club 1:30pm Drop-in	19 Adult Book Club 10:00am Where the Crawdads Sing by Delia Owens	20 Summer Reading Club 10:00am Drop-in Activities For ages 5-11	21 Froggie Dissection Lab kit Available 10am-2pm Drop-in
22 	23 Lego Club 1:30pm Drop-in	24 Learn to Sew, Mend or Upcycle 1:4pm Drop-in Adult/Teen	25 Adult Social Club 1:30pm Drop-in	26 Fire Safety with Sparky Fire Dog 10:00am Drop-in	27 Summer Reading Club 10:00am Drop-in Activities For ages 5-11	28 Froggie Dissection Lab kit Available 10am-2pm Drop-in
29 	30 Lego Club 1:30pm Drop-in	31 Learn to Sew, Mend or Upcycle 1:4pm Drop-in Adult/Teen	32 Adult Social Club 1:30pm Drop-in	33 Giant Twister Scoop Ball 1:30pm Drop-in	34 Summer Reading Club 10:00am Drop-in Activities For ages 5-11	35 Reading Contest Deadline



CHILDREN'S PROGRAMS

Summer Reading Club Activities
Fridays @ 10:00 AM
August 1, 8, 15, 22
Join us for crafts and fun activities.
Ages 5-11 years.
Reading contest for all ages! Deadline, August 30th.

Fire Safety with Sparky the Fire Dog
Thursday, August 21 @ 10:00 AM
All children are welcome! Free Sparky Fire Hats for all in attendance.

Magic – The Gathering
Friday, August 8, 22 @ 3:00pm
Learn & Play: an introduction to MTG concepts for youth 10-17 years. Space is limited.
Please register.

To register for programs, please call 306-781-2118.

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ADULT PROGRAMS

Adult Book Club
Thursday, August 14th @ 10:00am
We will be discussing Where the Crawdads Sing by Delia Owens. Copies available at the front desk.
Learn to Sew, Mend or Upcycle
Tuesdays 1-4pm for adults/teens
Sewing machines available. Please bring basic sewing supplies if you have them & recycled or new fabric for a project.

Makerspace kits this month
Froggie Dissection Lab kit: Play pretend with a plush Froggie friend that you can "dissect"! Open Froggie up, then use a pair of kid-friendly tweezers to explore the major internal organs. Then play a diagnosis game to figure out why Froggie isn't feeling well. Ready to hop to it?
Outdoor Activity kit: Giant Twisters and Scoop Ball. Items you can borrow!

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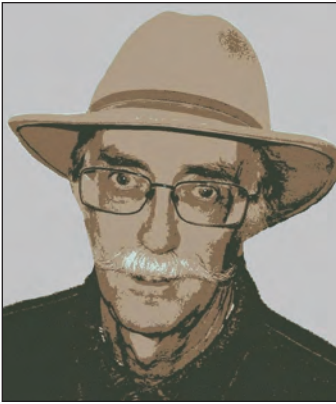
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Off the Beaten Track

- By John Panter

Back in October, 2024, the RM of Edenwold entered into an agreement with Buckingham Business Investigations & Security Solutions (Buckingham) to conduct "workplace harassment investigations" into the conduct of the harasser-in-chief (my words, not those of the RM or Buckingham, and spoken with a liberal dollop of sarcasm), councillor Nichole Posehn.

Under that contract, specifically para. 9.1, Buckingham was required to turn over all material, in whatever form, paper or electronic etc., collected during their investigation, to the RM "upon request" and "in any event, immediately upon the termination of this agreement."

In due course, the RM did, in fact, request the turn over of all such material, including the councillor's rebuttal of the accusations which, for some unfathomable reason, has disappeared from the public record. As of the date of this writing, the RM is still waiting. In other words, according to the RM, Buckingham has not fully complied with the terms of its very lucrative (in the neighbourhood of \$35,000) contract.

And so, at the council meeting of June 24th, when Council was being asked by administration to approve payment of a series of accounts, councillor Posehn noted that one of such payment requests was from

Buckingham in the amount of \$654.90 for additional work on the file, and suggested, not unreasonably, that the account should not be paid until Buckingham had fulfilled its obligation to turn over all material specified in their contract.

No explanation was given as to the reason why Buckingham had not fully complied with the contract. Councillor Posehn declared a conflict of interest, being the subject matter of the "investigation", leaving it to councillor Bezborotko to make the motion to delay payment of the account until Buckingham had lived up to the terms of the agreement.

In the end, Council voted to withhold payment, although there were two "No" votes, based on the opinion that, since the RM has a contract, therefore the invoice has to be paid, (Three or four seconds worth of thought should provide the rationale for delaying payment.) In the end, Council voted to withhold payment.

Meanwhile, the Provincial Ombudsman is looking into the RM's Code of Ethics and a number of allegations against councillor Posehn, including such heinous charges as "lingering" at a coffee station, disobeying the Reeve's demand to cease posting on Facebook (although the Ombudsman has no issue with Facebook posting), suggesting a modest "hire local" campaign for local kids, and putting a motion on the floor at a council meeting to amend the agenda, (now routine, but then apparently, cause for considerable pearl-clutching.)

And over at White City, a consultant has recommend-

ed a radical revisioning of what the Town should be. Small towns typically grew up around a blacksmith's shop, the harness-maker, or a general store. Residential neighbourhoods came later.

From its beginning White City has been a residential community only. That's what residents wanted and it's what they still want. So, when a consultant recommends light manufacturing, highway commercial (including a truck stop, although a quick peek at a map leaves one wondering where White City would put a truck stop), crop processing and agricultural technology development, and high-density rental residential, without which we are warned of "serious conse-

quences for future community viability", folks understandably push back.

Even more offensive, White City Council is urged to "pursue necessary developments and infrastructure investments even when facing organized opposition", from the "loudest voices," and "parochial concerns."

And that "organized opposition from the loudest voices" would be you, the vast majority of White City residents who don't want high-density rental housing, or commercial and industrial development regardless of what consultants, who think they know better, want.

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Wolverine Howler

Join us on Thursday, August 28th, for our school backpack drop-off event @5:30 PM.

Additionally, our SCC will be hosting the grand opening of the Wolverine Warrior Parcours!

We want to give a huge shout-out to all of our sponsors—we could not have done this without you!

Thank You!



REMINDERS:

- Register NOW if your child will attend ÉWCS in the fall!
- Back-pack Drop Off August 28th
- School Starts September 2nd
- Drive for Us! PVSD needs school bus drivers (<https://www.pvsd.ca>)



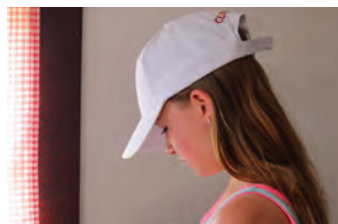
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White City/Emerald Park Students Explore Local History at the Sugar Shack

This spring, Grade 2, 3, and 4 students from Emerald Ridge Elementary School took a unique journey into the past with a visit to the White Butte Museum's heritage building—affectionately known as the “Sugar Shack”—in White City.

life in White City over 60 years ago—long before smartphones and smart homes. Highlights of the tour included a vintage typewriter, an early-model camera, and a traditional butter churn. One interactive activity had students try



orable way for students to engage with the community's heritage and experience first-hand what life was like for early residents of White City. For more information on the White Butte Museum and its educational programs, visit whitebuttemuseum.com.



Originally constructed in the 1960s, the Sugar Shack has worn many hats over the decades. It began as a honey extracting house, later served as a coop for baby chicks, and eventually became a storage shed. In the 1990s, it was transformed into a guest house, filled with a remarkable collection of antiques from the Jardine family. Today, thanks to a generous donation by Lillian Jardine, the building and its historical treasures are part of the White Butte Museum. Led by museum assistant Madison Powers, students toured the building and explored artifacts that offered a glimpse into daily

their hand at doing laundry using an old-fashioned washboard. “That would take so long!” one student exclaimed, while another added, “I don’t think I would do that!” “The students asked many questions about ‘life for the old people,’” said Madison. “They were shocked to learn that air conditioning, heat, and indoor plumbing weren’t always around.” The visit also included a fun “Guess the Artifact” game, and students went home with an activity sheet and a multiple-choice quiz about pioneer life, helping them connect classroom learning with real-world history. The field trip was a mem-

WHITE CITY / EMERALD PARK COMMUNITY GOLF TOURNAMENT

SATURDAY AUGUST 9TH 6TH ANNUAL

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SHOTGUN START - 11AM
HAPPY HOUR - 4PM
DINNER - 5PM

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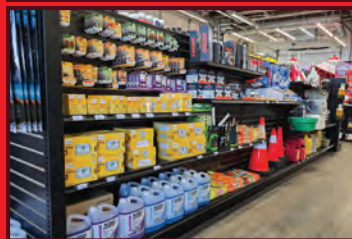
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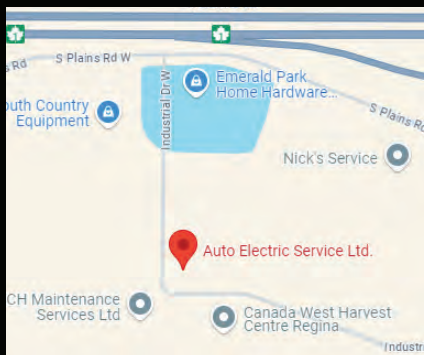
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ERES Community Council News

Welcome Back - Drop-Off Your Backpack Evening

August 28. 5:30 - 6:30 pm

**First Day of Classes
September 2**

Kindergarten Registration

Emerald Ridge Elementary is still accepting registrations for the 2025-2026 school year. Children turning five by December 31, 2025, are eligible for Kindergarten. Register online at www.emeraldridge.pvsd.ca with proof of age.

Please share with families new to the area.

New Members!

The ERES SCC always welcomes new members! If you're interested in helping out your school, feel free to pop into one of our meetings or send us an email

ERESCommunityCouncil@gmail.com

SCC Fundraisers!

The SCC will have the apple fundraiser again this fall. Watch for order forms coming home in September. Community members interested in ordering 20lb box of BC apples for mid-Oct delivery, please email us at

ERESCommunityCouncil@gmail.com for further information or to order.

Save time labeling school supplies! Purchase Mables Labels and support our SCC.

<https://mableslabels.ca/en-CA/fundraising/support>

AUGUST 2025















The next issue of the
Community Newsletter
will be distributed the
first week of September.

All copy **MUST** be submitted
on or before **August 20th.**

Everyone is welcome to put
meeting dates, birthdays,
anniversaries, etc.
on the calendar, free of charge.

Please email:
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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
 CASA ROSA/JAMESON ESTATES Garbage pick up every Tuesday Recycling pick up every Thursday					 EMERALD PARK Composting 1	2
3	SASKATCHEWAN DAY 4	 WHITE CITY Composting 5	 EMERALD PARK Garbage  WHITE CITY Recycling 7	 EMERALD PARK Recycling 7	 EMERALD PARK Composting 8	9
10	11	 WHITE CITY Composting 12	 EMERALD PARK & WHITE CITY Garbage 12	14	 EMERALD PARK Composting 15	16
17	18	 WHITE CITY Composting 19	 EMERALD PARK Garbage  WHITE CITY Recycling 21	 EMERALD PARK Recycling 21	 EMERALD PARK Composting 22	23
24 31	25	 WHITE CITY Composting 26	 EMERALD PARK & WHITE CITY Garbage 26	28	 EMERALD PARK Composting 29	30

WC/EP RECREATION INFORMATION/REGISTRATION CONTACTS:

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Softball: stormsoftballregistrar@gmail.com Web: storm.whitebutteminorball.ca
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Communiskate: Paula at 306-540-7704 or communiskateadmin@sasktel.net
Creative Beginnings Preschool: Keri 306-529-1200, keri@creativebeginningsps.ca
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Soccer: Adam Slinn 306-550-4789 or www.whitecityfutbol.com
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