

White City & Emerald Park

NOVEMBER EDITION, 2022

Community Newsletter



Holly Kozan to Compete in the 2022 World Ringette Championships (WRC) in Finland

This past May, Holly Kozan was invited to the U22 Junior National Team Selection Camp and was named to the 2022 Junior National Team as one of the goal-tenders. Holly is the only player from Saskatchewan that will represent Canada this November at the World Ringette Championships (WRC) in Finland.

Held every two years in participating countries, the WRC gives players the chance to shine on an international level. Competing

nations include Canada, Finland, USA, Sweden, Slovakia, and the Czech Republic. The competition is divided into three separate categories: Senior Division, Junior Division, and President's Pool. (<https://www.ringette.ca/events/world-ringette-championships/>).

Holly started as a goaltender in U10, and this is her thirteenth year playing the position. She immediately fell in love with the position, and the precision needed to excel in the net. As she con-

tinued to develop as a goaltender, she realized that she wanted to continue to push herself to be the best version of herself on and off the ice. She set her goals high and wanted to play at the highest level of ringette that she could. Growing up, she continued to play high level ringette on the U14AA Rush, U16AA Stingers, U19AA Bandits and the U20 AAA Team Saskatchewan at the 2019 Canada Winter Games. Currently, she plays in the National Ringette

League with the Saskatchewan Heat. Throughout her competitive ringette career, one goal helped push Holly to strive for her best – her dream of playing on the National Team. As a team, they have been training together each month in preparation for the 2022 World Ringette Championships. At Worlds, her team will play the Junior National Team Finland for the title of World Champions. Holly has been dreaming and working towards this competi-

- Continued on page 2

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Holly Kozan to Compete in the 2022 World Ringette Championships (WRC) in Finland

- Continued from page 1

tion for as long as she can remember, and she feels so excited that she gets to be a part of this team and play alongside some of the top players in Canada. She feels

honoured to represent our country and Saskatchewan at these upcoming championships and hopes to make everyone proud back home!

In addition to playing ringette, Holly is an assistant coach for the U12A Rush which is part of the Buffalo Plains Ringette Association. Holly has given hope to all

of the "Rushies" that if they work hard and believe in themselves that they too can achieve their dreams.

You can watch the games LIVE on YouTube: <https://www.youtube.com/RingetteLIVE>



The graphic features a central portrait of a young woman with long dark hair, smiling, wearing a red t-shirt with the Ringette Canada logo and the text "One Leaf. One Team CANADA". To the left, a black vertical banner contains the text "JR. NATIONAL TEAM" in large red letters, a gold ringette stick, and a gold hashtag symbol. Above the portrait, the text "ATHLETE IN FOCUS" is in red, and "HOLLAND KOZAN" is in large black letters. To the right of the portrait, several statistics are listed in red headers: "HOMETOWN" (White City, Saskatchewan), "POSITION" (Goalie), "CLUB TEAM" (Saskatchewan Heat), "FAVOURITE THING ABOUT RINGETTE" (Getting to play with and against the top ringette players and making new memories and friendships), and "FAVOURITE DRILL" (Any drills with game scenarios). At the bottom right is the logo for the "WORLD RINGETTE CHAMPIONSHIPS 2022".

RINGETTE | RINGUETTE CANADA

JR. NATIONAL TEAM

ATHLETE IN FOCUS

HOLLAND KOZAN

HOMETOWN
WHITE CITY,
SASKATCHEWAN

POSITION
GOALIE

CLUB TEAM
SASKATCHEWAN HEAT

FAVOURITE THING ABOUT RINGETTE
GETTING TO PLAY WITH AND AGAINST THE TOP RINGETTE PLAYERS AND MAKING NEW MEMORIES AND FRIENDSHIPS

FAVOURITE DRILL
ANY DRILLS WITH GAME SCENARIOS

WORLD RINGETTE CHAMPIONSHIPS 2022

Picture courtesy of Ringette Canada.

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Three tips for a more eco-friendly lunch box



Back-to-school means back to packing lunches. As more schools are encouraging 'litterless' lunches, it can be hard to come up with ways to make your child's lunch more sustainable and waste free. Here are three tips to make it easier:

1. Portion to reduce packaging

Buy food you'll use in your child's lunch, like yogurt or applesauce, in larger quantities. Purchase a big tub that you can portion into reusable containers, rather than individually packaged cups, to avoid wasteful packaging.

Put re-useable or wooden cutlery and a cloth napkin into your child's lunch box to reduce what's thrown away. A napkin is also something you can personalize so kids can stand out from their friends.

2. Consider where your food is coming from

Grow your own salad, herbs or vegetables where possible. This saves on packaging and transportation-related emissions, which helps reduce your carbon footprint. It's also a great activity for engaging the kids.

When shopping, look for

products from companies that are prioritizing eco-friendly initiatives. You can often identify them by the packaging. For example, the Carbon Zero logo on Maple Leaf Foods products means the company prioritizes reducing and balancing out its carbon emissions and making a positive impact on the environment.

3. Meal plan, 'upcook', and make your own snacks

Instead of buying individually wrapped snacks at the grocery store, try healthier, more environmentally conscious options. You could also turn this into a Sunday activity with the kids by batch-making homemade granola bars. Not only can this be a fun family activity, but you'll save countless wrappers from going to a landfill.

Meal planning helps to reduce food waste. Are you likely to have leftovers that can be 'upcooked' and added to your child's lunch? Leftover chicken from last night's dinner can be used on a sandwich, or leftover bacon from breakfast can be a tasty salad topping.

www.newscanada.com



From farm to fork, how farmers are managing risk

The Canadian food industry fuels and feeds millions of people every day. But farmers battle many risks when it comes to keeping this food supply safe and their businesses successful. These risks include factors like drought, fuel costs, changing demand, and animal diseases.

For local pig farmers, one risk they manage is animal disease, such as African swine fever. Though this pig disease has never been found in Canada, can't spread to humans, and is not a food safety risk, it's still contagious and deadly for the pigs and could devastate an unprepared farm.

So how are pig farmers preparing? While every farmer has their own tried-and-true way of doing things on their farm, practicing good biosecurity is crucial to reduce risks from disease and contaminants like this one.

Here are some of the ways farmers are managing the risk:

Visitors

Ensure that any visitors or workers have clean shoes, clothing or equipment before entering a farm, as these items can spread diseases if contaminated. If visitors or

workers are going to a country where ASF is present, they should declare it at the border and stay away from any farm for 14 days after they return.

Feed

The virus can be transmitted through contaminated feed or feed ingredients. So feed must be stored securely and purchased from reputable suppliers. ASF also lasts for months in pork products, whether they're fresh, frozen or cured. So pigs can't be fed food containing meat—it's actually illegal.

Contact

It's also important to protect domestic (or captive) pigs from contact with wild pigs, as the wild animals could spread the disease if they catch it elsewhere – especially since they have wide-ranging habitats and may eat contaminated garbage or scraps. Strong enclosures and secure feed help prevent contact.

Overall, it's important to follow national and regional regulations and recommendations on farm biosecurity to limit the threat of this animal disease. Find more information at Inspection.gc.ca/protect-pigs.

Find weeknight recipe success with air fry falafel sliders

Want a healthy dinner that's sure to be a hit for the whole family? Look no further than Anna Olson's air fry falafel sliders. Packed with nutrients and topped with a tahini lemon yogurt, enjoy this Mediterranean spin on a classic dish.



Air Fry Falafel Sliders

Prep time: 15 minutes
Cook time: 12 minutes
Serves: 12

Ingredients:

Falafels:

- 19 oz (540 ml) can chickpeas, well-drained
- 1/4 cup (50 ml) chopped yellow onion
- 1/2 cup (125 ml) roughly chopped fresh parsley
- 1/2 cup (125 ml) roughly chopped fresh cilantro
- 3 tbsp (45 ml) all-purpose flour or chickpea flour
- 3 cloves garlic, chopped
- 1 tbsp (15 ml) fresh lemon juice
- 1 tbsp (15 ml) extra virgin olive oil
- 2 tsp (10 ml) finely grated lemon zest
- 1 tsp (5 ml) ground cumin
- 1 tsp (5 ml) ground coriander
- 1 tsp (5 ml) fine salt
- 1/2 tsp (2 ml) baking soda

Tahini Lemon Sauce:

- 1/2 cup (125 ml) plain Greek yogurt
- 1 tbsp (15 ml) fresh lemon juice
- 1 tbsp (15 ml) tahini sesame paste

Assembly:

- Mini pitas, sliced radishes, sliced cucumbers

Directions:

1. Preheat your oven to 400 ° F. With the LG ProBake Convection Slide-



In Range you can use the air fry setting at that temperature. Line a baking tray or the air fry rack with parchment paper.

2. Place all the ingredients for the falafels into the bowl of a food processor and pulse until well combined.

3. Use an ice cream scoop or two spoons to portion the mixture into 12 balls and place onto the baking tray or air fry rack lined with parchment paper – the mixture will be soft. Use the palm of your hand (wet your palm to prevent sticking) and gently press the falafels down to flatten them a little.

4. Bake or air fry the falafels for 12 minutes, until they brown lightly all over. Let the falafels cool for 5 minutes before transferring to a platter.

5. For the sauce, stir the yogurt, tahini and lemon juice together and spoon into a serving bowl.

Assemble the sliders by adding cucumber, radishes and falafels to the pita and drizzle with sauce. Or arrange them on a platter or bring everything to the table and let everyone assemble their own. Leftover falafels can be wrapped and refrigerated for up to 4 days and reheated for 4 to 5 minutes at 400 °F on air fry.

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Leave the gas station with a smile using these tips

There's nothing quite like the freedom of having your own vehicle. While that freedom feels great, one of the downsides of driving is the cost of gas. It's unpredictable, expensive, and can make you want to give up

driving forever! Don't throw your keys away just yet – below are a few tips that can help you save a bit of money at the pump.

Digital tools can help you save.

Technology is your friend if

you're trying to save money on gas. There are apps available that show where the cheapest gas prices are in your area. You can also use a tool like Google Maps to plan your route in advance. The new eco-friendly routing option will recommend the most direct route that uses the least amount of gas.

Safe driving habits can result in lower gas price.

Observe the speed limit, don't floor it when the light turns green, avoid hard braking and coast as soon as you see a red light. You might save even more if your insurance company has an app that assesses your driving habits to offer you a personalized premium such as automerit with Belairdirect.

Reduce the weight of your vehicle.

Don't store heavy items like sports equipment in your vehicle. The heavier it is, the more gas you're using. Avoid having items in your car unless you specifically need them for that trip.

Get your tired checked.

Did you know tire pressure affects mileage? If your tires are underinflated, your vehicle will use more gas to compensate. Make sure your tires are properly inflated for the most efficient use of gas.

While you can't control the price of gas, there are little things you can do to try to save. You can learn more about ways to save on vehicle costs at belairdirect.com.

www.newscanada.com

ERES Community Council (ERESCC)

Next ERESCC Meeting:

Tuesday, January 10th @ 6:30 pm via Zoom

All parents are encouraged to attend as your input and ideas are welcome and valued.

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Link can be found on the school website or at:
www.emeraldridgeelementaryschool.entripsyshops.com



Upcoming Events:

Do you have Extra Bottles and Cans taking up space in your garage?

Learn how you can help us fundraise. The funds received from your donation to Sarcan will be used for our school's learning improvement plan initiatives.

Check out the ERES Facebook page for more details at:
www.facebook.com/EMRidge/

UPCOMING EVENTS

- Nov. 7 Teacher Prep Day—No School
- Nov. 11 Remembrance Day—No School
- Nov. 21 Report Card Distribution (3:15 pm)
- Nov. 22 & 23 Celebration of Learning/Conferences (4:00—8:00 pm)
- Nov. 25 Day in Lieu of Conferences—No School
- Dec. 21 Last Day of Classes Before Winter Break

Thank you to everyone who participated in the "Fresh Off the Tree" Apple Fundraiser we were able to raise over \$2500.



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Make sure to check out the Emerald Ridge Elementary School Facebook Page.



GREENALL *Update* GRIFFINS

@greenallschool

Greenall High School

MUSICAL UPDATE

Rehearsals are well underway for Greenall's production of Sister Act. With over 70 students involved, students are busy learning lines, dancing in the library, singing, building set in the halls and art room and organizing costumes. We are excited to present our show to our friends, family and communities on Thursday, Dec. 1 at 7:30 pm, Friday, Dec. 2 at 7:30 pm and Saturday, Dec. 2 at 2:00 pm. Save the dates and come watch these kids shine. Tickets are just \$10/student and \$15/adult. Tickets will be available after the Remembrance Day weekend.

GYM BLAST

On October 7, students in grades 9-12 had the opportunity to do Gym Blast! Students were divided into grades, teams, and colors and faced off against one another in the gym. Students showcased leadership skills, teamwork, and their GRIT values. It was an excellent way to bring our staff and students together in a competitive and fun way!



EQUITY GROUP

Greenall's Equity Group has been busy this past month! On September 29, the group had the opportunity to attend the Truth and Reconciliation event at Mosaic learning and listening from a variety of leaders in our communities.

The Equity Group has also been busy planning, organizing, and collecting items for a food and dog supplies drive for the month of October. The food drive will go to support the Regina Food Bank, while the dog supplies Drive will go to support Bright Eyes Dog Rescue. The group which collects the most items gets to cuddle with puppies!



GRIFFIN ATHLETICS UPDATE

CROSS-COUNTRY

We are proud to end off another successful Cross-Country season! Athletes had the opportunity to partake in both districts and provincials. At Districts at Echo, runners Reese, Grace, and Camryn placed 1st, 2nd, and 3rd in Junior Girls, Kyle placed 2nd in Senior Boys, and Paige placed 2nd in Senior Girls. Athletes who went to provincials outside of Melfort represented Greenall in the best way! Special thanks to Greenall Alum Ellie Kozan for all of her hard work and efforts in helping athletes train this season!

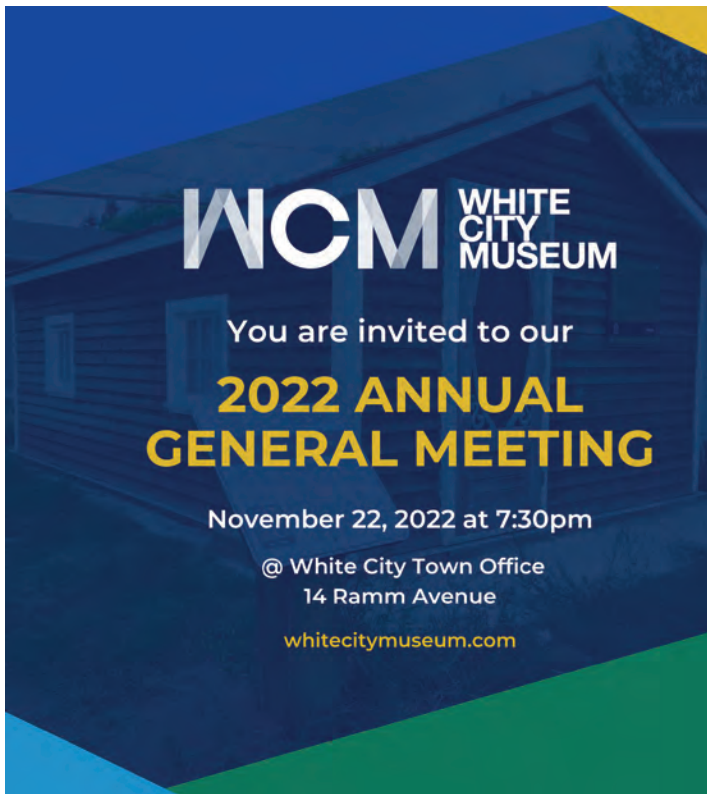


FOOTBALL AND VOLLEYBALL

Griffin Volleyball and Football teams are in the midst of successful seasons! The football team has maintained a 6-1 record. They will be heading into the city finals mid-October. Senior, Intermediate, and Junior Volleyball teams have also been in the midst of successful seasons winning numerous tournaments across the southern part of the province.

We are extremely proud of these Griffin athletes!






WCM WHITE CITY MUSEUM

You are invited to our


2022 ANNUAL GENERAL MEETING

November 22, 2022 at 7:30pm

@ White City Town Office
14 Ramm Avenue
whitecitymuseum.com



Annual General Meeting & Social




Join us to celebrate our 10th Anniversary and founding members. Followed by a short AGM preceding and then our potluck holiday social.

7:00 PM Wed. Nov. 16th, 2022
Ramada Emerald Park

In-person masks are encouraged. Virtual Access after 6:30 pm
Zoom link will be shared the afternoon of Nov. 16th

Visitors drop-in fee \$5.00 or for virtual meeting send email address to and then e-transfer \$5.00/person to wgcg.communications@gmail.com by Nov. 12th

Info: www.whitecitygardenclub.weebly.com/wgcg-upcoming-events




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The White City Public Library Branch is located in the White City Community Centre, 12 Ramm Avenue East. Online at www.southeastlibrary.ca. Drop by or give us a call 781-2118.

LIBRARY HOURS:
Monday - Wednesday 12:30-4:30 & 5:00-8:00 pm
Thursday - Friday 9:30 am-12:30 & 1:00-5:00 pm
Saturday 9:30 am-12:30 & 1:00-3:00 pm

Please note: The branch will be closed Nov. 11 for Remembrance Day.

Visit us – [f](#) White City Public Library Branch [t](#) WhiteCityLib
NOVEMBER 2022 PROGRAM & EVENTS CALENDAR

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 Library Board Meeting 8:00pm	2	3	4 Fall Family Fun 10:30am-noon Ages 0-6 Drop-in	5 Teen/Adult Embroidery 1:00pm Drop-in
6	7 Circle of Security Parenting Week 4 7:00 pm	8 K'Nex Building 6:30pm	9	10	11 Closed for Remembrance Day	12 Teen/Adult Crochet Class 1:00pm
13	14 Circle of Security Parenting Week 5 7:00 pm	15 Adult Book Club 6:30pm	16	17	18 Preschool Storytime 10:00 am	19 Teen/Adult Embroidery 1:00pm Drop-in
20	21 Dara Schindelka 3pm Singalong! Storytime ages 0-6 6:30pm Concert	22 K'Nex Building 6:30pm Drop-in	23	24	25 Lego Time 1:00pm Drop-in All ages	26 K'Nex Building 1:00pm Drop-in
27	28 Circle of Security Parenting Week 6 7:00 pm	29	30			



2nd Annual Brick Stories

White City Public Library Branch & Saskatchewan LEGO Users Group (SLUG)

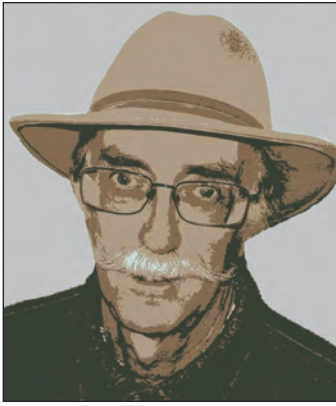
December 10 & 11, 2022
10:00 AM to 3:00 PM

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Off the Beaten Track

- By John Panter

The invitation in the R.M. of Edenwold's Community Proud newsletter to "Get Involved!" caught my attention. Back in March the R.M. adopted the Women in Government Program with the goal of attracting and encouraging women to put their names forward as candidates in the municipal elections.

I have some thoughts of my own about how to "attract" and/or "encourage" qualified persons of any sex to run for a council slot (more about that later), so I continued reading about the proposed Campaign School for women and decided to enrol myself (in spite of that problematic "qualified" requirement).

The only obstacle to my enrolment seemed to be the "women" stipulation, a sex with which I do not identify. But I figured that a trip to Value Village, and a small cash outlay, could outfit me in an understated, yet fetching, off-the-shoulder, A-line frock, in business-like crushed burlap, with, perhaps a wisp of tulle embellishment, which would suffice as cover to get me into the program.

On reading further, I noticed that the program was open to women and men, at which point I abandoned the trip to Value Village and applied for admission to the course.

Course materials were supplied by something

called Equal Voice and gave detailed instructions on how to run a successful election campaign. I don't suppose there has ever been an election "campaign" in the history of the R.M. of Edenwold unless you count the sign asking us to "Re-elect Wayne Joyce" seen on a lawn back in 2012.

But let's not quibble. Any initiative that encourages good people to run for election to a municipal council, regardless of their sex, is a good thing, as long as we don't promote the belief that somehow women have been unfairly kept out of municipal council chambers.

The R.M. of Edenwold, the Federation of Canadian Municipalities, and the United Nations all have a target of women comprising 30% of local councils. Whatever the reasons why those targets haven't been met, let's dispose of the argument that it has anything to do with systemic barriers. There are NONE. And anyone who thinks there are should read up on Charlotte Whitton, the first woman mayor of a major Canadian city (Ottawa), who was first elected in 1951. She left behind a decade of good government and a great one-liner: "Whatever women do, they must do twice as well as men to be thought half as good. Luckily, this is not difficult."

More recently, (Hurricane) Hazel McCallion was first elected as mayor of Mississauga, Ontario, in 1978 and clung tenaciously to that office with the help of adoring voters for the next 36 years, stepping down undefeated when she was a mere 93 years old.

The fourth workshop in the

Women in Government programme was a mock council meeting, ably chaired by Peggy Chorney, (it needn't be said, also a woman), currently in her second term as mayor of Pilot Butte.

So, I suppose, if we remove the systemic barriers, someday a woman might even be elected to the R.M. of Edenwold council or become mayor of Regina. Oh, wait. By now you see my point.

If there is a barrier to women in municipal government it might have something to do with the fact that council meetings are held during the daytime when, I have it on good authority, some women are at work at full-time jobs helping to support their families. And lest anyone thinks that council meetings run on too long to

be held in the evenings, let them crack open a copy of Roberts Rules of Order to learn how a council meeting could be streamlined.

Perhaps as well, women have been reluctant to try to win a council seat in which part of their responsibilities involves driving out into the country to figure out why a culvert is plugged. Most women have better things to do with their time. The R.M. of Edenwold has reached the stage where councillors should be policy-makers only, leaving the nuts and bolts of policy-implementation to the municipal employees.

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WAYNE JOYCE

"WE LOVE BEING A PART OF THIS COMMUNITY."

AUDRA HILL

"THE RM HAS DEMONSTRATED VERY WELL THAT THEY ARE ABLE TO ACCOMMODATE RESIDENTS AND BUSINESSES AS THEY CONTINUE TO GROW."

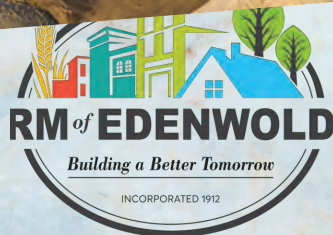
HELEN WILSON

"THE RM WENT FAR AND BEYOND TO SUPPORT AND ACCOMMODATE US. THEY TOOK US IN LIKE FAMILY."

BUNMI ONASANYA

"AS AN EMERALD PARK BUSINESSPERSON, I AM QUITE HAPPY WE HAVE GOOD GOVERNANCE."

MA



BUILDING A BETTER TOMORROW

READ MORE POSITIVE STORIES AT WWW.RMEDENWOLD.CA



Develop Emotional Maturity By Recognizing Choices

- By Gwen Randall-Young

Everyone wants to live peacefully. The most important peace is inner peace because all else flows from that. Anything can happen outside of ourselves that can threaten our inner peace, but we cannot totally blame outside

feel that they are helping, but they are not. Yes they are supporting the person, but they are supporting them in staying stuck, helpless, and bitter. Some get so drawn in that they also go out and yell at the winter, and at anyone they feel may be responsible for the winter. The weatherman is on the hit list because he described the weather conditions accurately, and maybe even predicted winter. This is polarity thinking (good guy/bad guy; right/wrong) and is at the source

of love and caring. By eighteen, he might purchase toys to give to others he doesn't even know. At forty he might head up a campaign to raise funds for the homeless.

There is a hierarchy in thinking, not just about sharing, but about all human interactions, and the greater our access to the higher levels, the more mature we are. We also need to be able to recognize when we are functioning at the lower levels so that we do not live our lives in a constant tantrum state. Tantrums might work for a while, but sooner or later people resort to the common wisdom about these behaviors, which is to

ignore, step over, and move away.

So if you feel you are caught in polarity thinking, try to broaden your perspective, or ask a trusted friend to really help you to explore aspects of the situation you might be missing. If you can only see it one way, you haven't got all the learning that the situation has come to teach you. So, it, or another one like it, may come to you again.

Gwen Randall-Young is an author and award-winning psychologist. For permission to reprint this article, or to obtain books, CDs or MP3s, visit www.gwen.ca. Follow Gwen on Facebook for inspiration.

“Developing emotional maturity means recognizing that we have choices in how we choose to think about things.”

circumstances for a lack of peace within ourselves. Nor can we wait for everything in our lives to fall into place (the way we want) before we can experience happiness or calm.

Some approach life like a person in a cold house, who goes outside and yells at the winter, then comes back in and sits dejectedly, perhaps angrily, shivering and lamenting the unfairness of it all, rather than turning up the heat, building a fire, or moving to a warmer climate. They may tell everyone who comes to visit how terrible the coldness is, and how unfair life is. In fact, they may rarely speak of anything else.

Those who choose to share in the misery and reinforce this kind of thinking may

of a lot of human misery.

The pain that one feels when thinking this way is not caused by what's out there, it is caused by his/her own way of thinking. Developing emotional maturity means recognizing that we have choices in how we choose to think about things. The two-year-old can only think one way about his toy. "It's mine!" He thinks this because the toy is in his hand, not because he has ownership. The five-year-old may recognize that you have to share, but still do it grudgingly. By ten, a child may willingly choose to share, because he is learning the give and take of life, and he wants to be fair. Then at fifteen, the child may give a possession to a friend out



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11
NOVEMBER

lest we forget

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White City Community Centre
10AM - 11AM
EVERYONE WELCOME

*ON REMEMBRANCE DAY WE HONOUR
THOSE WHO GAVE THEIR LIVES TO
SERVE OUR COUNTRY*

Wreaths will be laid by invitation only.
Please watch for more information as
this event may also be live-streamed.

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Diversions

CRISS-CROSS

Fill in the blanks with the words. To help you get started one letter is already in place.

5 letter words

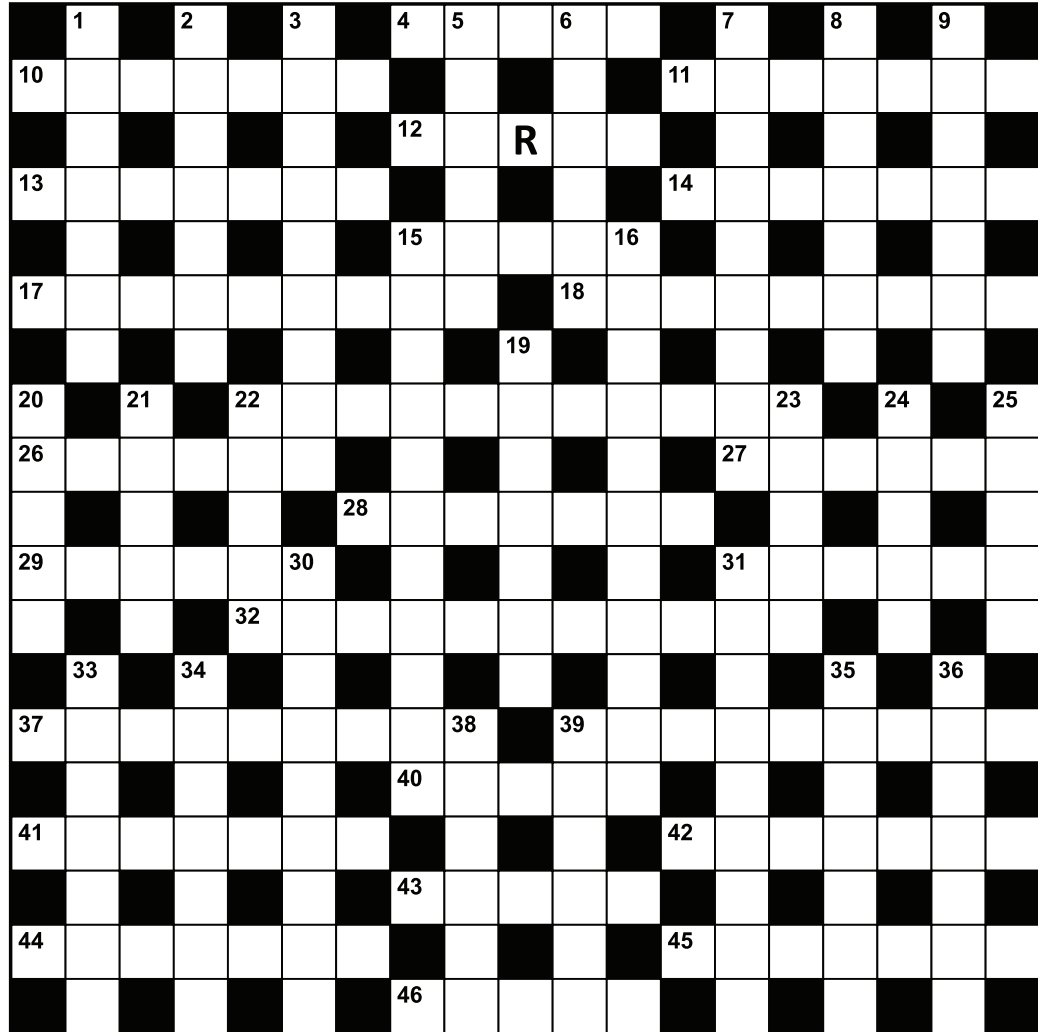
- ABATE
- AWARD
- EBONY
- GROVE
- MOP UP
- PUT-ON
- RANGE
- SHUSH
- SPRAY
- STAGE
- WATER
- WORRY

6 letter words

- BYWORD
- COURSE
- CUPOLA
- EGGNOG
- HIP-HOP
- RABBIT
- SNAP UP
- THROVE

7 letter words

- ANCIENT
- ANTENNA
- BAR CODE
- BOLOGNA
- BULLION
- CATERER
- DIRECTS
- ETCHING
- FACULTY
- KNITTED



9 letter words

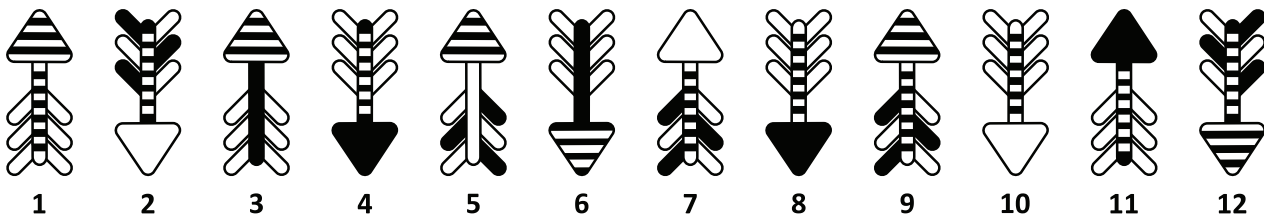
- MACAQUE
- RAINBOW
- ANTARCTIC
- EXCELLENT
- MAMMOTH
- STUDENT
- COUNSELOR
- FURNISHED
- PARENTS
- SWIMMER
- COVER SLIP
- PARAMETER
- QUICKLY
- WEALTHY
- EVENTUATE
- PEACH TREE

11 letter words

- EXPECTATION
- GENERALSHIP
- MINESWEEPER
- PERSPECTIVE

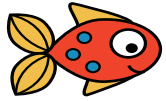
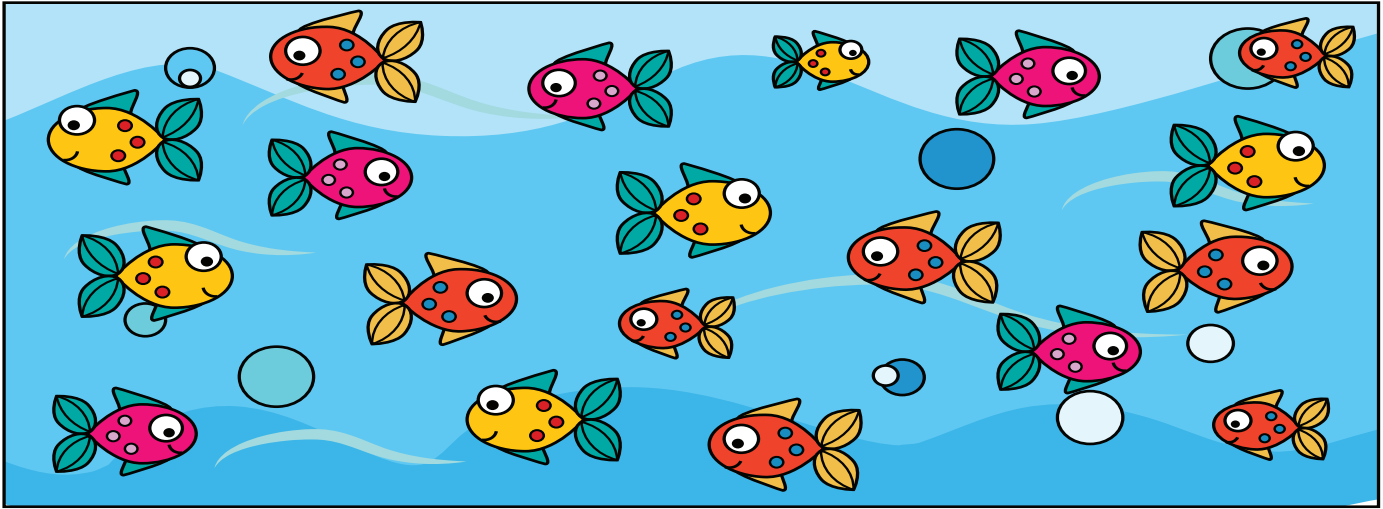
VISUAL PUZZLE

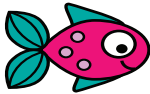
Find two identical arrows.



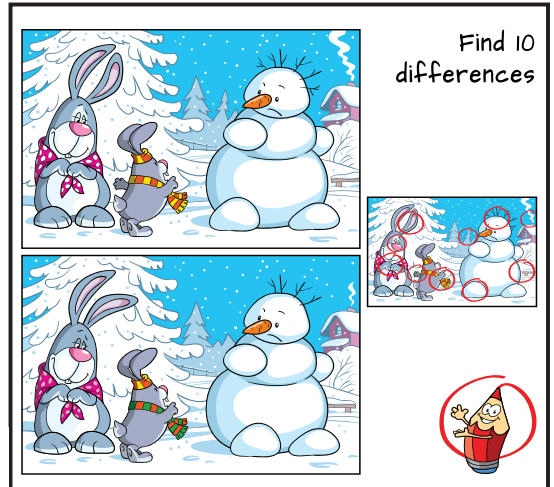
Kids Corner

How many..?











Luther College High School
**New Student
Information Night**

November 16, 2022 at 7:00 pm
Merlis Belsher Heritage Centre
1500 Royal Street
Please use the northwest entrance off
the Dewdney Avenue parking lot.

Register online at www.luthercollege.edu

www.luthercollege.edu



2022 NOVEMBER



Reminder: Walking Etiquette *Walk this Way!*

White City is home to an extensive pathway network, however, our roadways are also shared between pedestrians, vehicles and bicycle traffic. While you're out and about, please ensure you are being mindful and following some general walking etiquette.

WALKING ON THE ROAD

- Pay attention to traffic
 - Walk facing traffic
 - Walk single file
- Use a pathway when possible
- Pay attention - stay off phones & avoid loud music
- Wear bright colours or reflectors when walking at night
 - Look all ways before crossing
 - Keep dogs on short leash
 - Be predictable

WALKING ON PATHWAYS

- Stay to the right
- Pay attention - watch for other pathway users, stay off phones & avoid loud music or noise blocking headphones
 - Pass people on the left & announce yourself
 - Keep dogs close when meeting/passing others
- Share the pathways - walk single file or move to the side when meeting others or allowing others to pass
 - Be friendly and say hi or give a wave to your fellow community members!

**Thanks for helping to keep our community
safe & friendly!**

**TOWN OFFICE
CLOSED**

Fri Nov 11, 2022

Remembrance Day



FITNESS FOR ALL

Mondays Nov 7, 14, 21

7:15 - 8:15 PM Community Centre

Drop In \$15/class

whitecity.ca for info & registration

Upcoming Meetings

Committee of the Whole

November 1, 2022 at 4:00PM

November 14, 2022 at 7:00PM

November 28, 2022 at 4:00 PM

Regular Council Meeting

November 1, 2022 at 7:00PM

November 28, 2022 at 7:00 PM

Meetings are open to public and held at:

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Notice of Communiskate AGM

Sleep Inn 22 Emerald Park Road • Tuesday November 29th, 2022 • 7:00pm

Agenda Items will be

- Executive Committee Reports
- Review of Audited Financial Accounts
- Motions of amendments to the existing Communiskate Constitution Inc. and the supporting Communiskate Bylaws - membership will be emailed the proposed changes at least 14 days prior to the AGM for review
- Review and or Election of Executive Committee for 2022/2023
- Questions or New Business from Membership

If you are a member of Communiskate please come out and see where we stand as a business in our community and how we have helped, make that happen. Please email questions or comments prior to the AGM by emailing communiskateadmin@sasktel.net or call 306-540-7704. If you are a member of Communiskate and you feel that we may not have your most current contact information on file, please call or email those details to our Executive Director as soon as possible.

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NOVEMBER 2022

The next issue of the Community Newsletter will be distributed the first week of December.

All copy **MUST** be submitted on or before **November 20th**.

We do offer a classified section containing advertisements, items for sale, employment opportunities, etc. Everyone is welcome to put meeting dates, birthdays, anniversaries, etc. on the calendar, free of charge.

Please email: shannon@westernlitho.ca

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
		Committee of the Whole Meeting 4:00 pm Regular Council Meeting 7:00 pm Fitness for All 7:15pm 1	EMERALD PARK Garbage WHITE CITY Recycling	EMERALD PARK Recycling 3	EMERALD PARK Composting 4 Library Storytime at White City Public Library 10:00am	5	
6	7		WHITE CITY Composting 8 EMERALD PARK & WHITE CITY Garbage		REMEMBRANCE DAY 11	12	
	Committee of the Whole Meeting 7:00 pm Fitness for All 7:15pm 13	14	15	EMERALD PARK Garbage WHITE CITY Recycling 17	EMERALD PARK Recycling 17	18 Library Storytime at White City Public Library 10:00am	19
	Fitness for All 7:15pm 20	21	22	EMERALD PARK & WHITE CITY Garbage		24 Library Storytime at White City Public Library 10:00am	25 26
	Committee of the Whole Meeting 4:00 pm Regular Council Meeting 7:00 pm 27	28	29	EMERALD PARK Garbage WHITE CITY Recycling		CASA ROSA/JAMESON ESTATES Garbage pick up every Tuesday	

WC/EP RECREATION INFORMATION/REGISTRATION CONTACTS:

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